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More than two dozen speakers, representing businesses on Sanibel, Captiva and beyond, attended a clean water rally last Wednesday morning at Jensen's Marina, urging state legislators to purchase land for the EAA Reservoir

photos by Jeff Lysiak

Local Business Reps Attend Rally, Urge State Leaders To Buy Land

by Jeff Lysiak

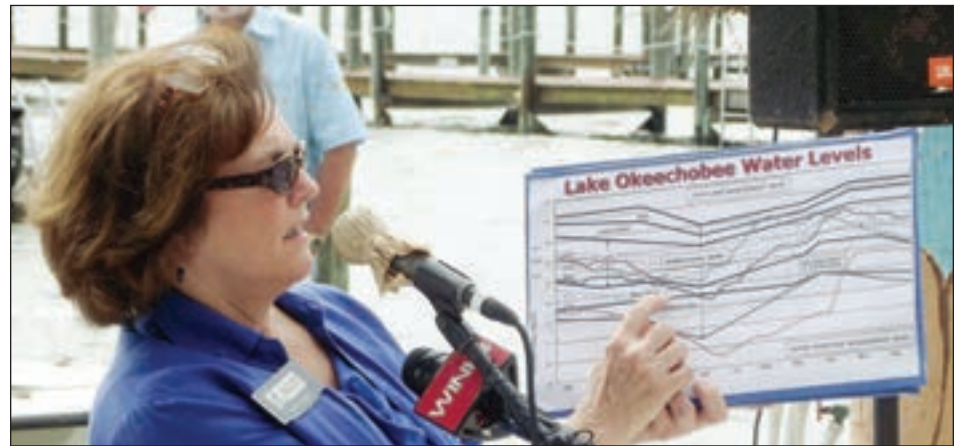
In one of the most visible and vocal demonstrations urging state and local leaders to support the purchase of 46,800 acres of land from the U.S. Sugar Corporation for the construction of the EAA Reservoir, more than two dozen speakers – representing businesses on Sanibel, Captiva and beyond – attended a clean water rally last Wednesday morning at Jensen's Twin Palm Cottages & Marina.

Realtors, restaurant owners, fishing guides, artists and musicians attended the hour-long rally, joining members of the Sanibel-Captiva Conservation Foundation (SCCF) in sharing their voices to support the \$500 million proposed land purchase.

According to SCCF, there is broad public support for exercising the 46,800-acre purchase option in the U.S. Sugar Corporation contract, however, water managers must take action soon for the process to begin. As polluted water is dumped to the coasts, the Everglades multibillion dollar restoration project is "starving for water."

The solution, according to the scientific community, is to pursue this available land to store and clean the water.

"We want to thank Senator Joe Negron for his leadership in standing up and asking for \$500 million for land acquisition for the EAA Reservoir before a fast-approaching deadline of October 12," said Rae Ann Wessel, natural resource policy director for



Rae Ann Wessel, natural resource policy director for SCCF

SCCF. "Our business community is gathering to ask the governor and our senators and representatives to stand with Senator Negron to get this critical land buy done for our businesses, our local economy and our quality of life."

A similar water rally was held simultaneously on Florida's east coast, hosted at Flagler continued on page 6

Council Calls Special Meeting To Discuss Traffic

by Jeff Lysiak

Following what some islanders have described as the most congested season for traffic in recent memory, Mayor Kevin Ruane called for a special city council workshop meeting to discuss the problem and possible solutions. That meeting will be held beginning at 9 a.m. on Monday, June 1 at MacKenzie Hall.

During Tuesday's council session, Ruane said that he had recently reviewed traffic analysis data compiled over the past quarter of a century, including four traffic circulation studies conducted in 1988; the Barrier Islands Traffic Survey from 1999; several Origin & Destination studies from 2002; a Sanibel Traffic Committee Report from 2002; Causeway Boulevard & Periwinkle Way Intersection Operations studies from 2004; along with a number of shared use path, toll revenue, crosswalk and daily traffic volume reports which have occurred in recent years.

"Certainly, there is some good data out there, but there is some data that is outdated," Ruane told his fellow council members after reviewing more than 2,600 pages of information.

The most recent study conducted on the island, the Dunes Traffic Analysis Report



Finance Department Director Sylvia Edwards, left, accepts the Distinguished Budget Presentation Award for Fiscal Year 2014 from Donna Lovejoy, representing the Government Finance Officers Association

photo by Jeff Lysiak

completed earlier this year, comprises 370 pages.

Ruane suggested that the workshop session look at a number of subjects which may offer some relevant solutions for Sanibel, including:

- Technology – Signage, traffic alerts, Smartphone apps and commuter notifications
- Behavior Modification – Ride sharing/carpooling
- Education

continued on page 10

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Landmark:

Island Store After 'Ding' Darling Remodeled It



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Santiva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva. It is open during library hours. This week's image is the Island Store after "Ding" Darling remodeled it. It was formerly Mrs. Miller's two-story boarding house. JN "Ding" Darling, a renowned editorial cartoonist who advocated conservation of the nation's natural resources, often stayed at Tween Waters Inn.

photo archives of the Captiva Island Historical Society

News From The Captiva Community Panel

Each year beginning May 1, threatened and endangered sea turtles nest on Florida beaches as they have done for millions of years. Two months later, tiny hatchlings emerge from their sandy nests and scamper for the water using the seaward horizon as their guiding light. Artificial light visible from the beach confuses them and lures these tiny creatures inland, away from the water. Thousands of hatchlings die because lights along the beach are not turned off or shielded properly.

Between May 1 and October 31, Captiva beaches are regularly monitored for sea turtle nesting and hatching success, and for individual property owner compliance with lighting restrictions. No light source should be directly visible from the beach. Unshielded interior lighting, even from a single beachfront condominium, is enough to disrupt the normal sea-finding behavior of sea turtle hatchlings. Monitors also look for beach furniture and other impediments left on the beach overnight. Homeowners must correct the violations, and citations may be issued.

Examples of 2014 lighting violations and their remedies include:

- Unshielded white lights – changing bulbs to amber LEDs, shielding the light fixture and turning off the lights during the nesting season;
- Bright white light reflecting off exterior walls – changing bulbs to amber LEDs and adjusting the fixtures to eliminate light reflected toward the beach;
- Bright white lights on corner of roof shining on the beach – changing bulbs to amber LEDs, shielding the fixture and directing the light away from the beach;
- White uplights illuminating palm trees and landscaping on seaward side of house – turning off lights during turtle nesting season;
- White exterior and interior lights shining seaward – changing bulbs to amber LEDs, shielding fixtures and closing the blinds;
- Bright white ground lights illuminating sign at entrance drive – changing bulbs to amber LEDs and reducing the wattage;
- Bright white stair, hall and porch lights – changing bulbs to amber LEDs and shielding the fixtures.

If there is any doubt whether a light is an issue, simply turn it off and keep it off at night between May 1 and October 31. For more information about lighting restrictions during nesting season and approved lighting fixtures, go to <http://www.leegov.com/gov/dept/dcd/EnvSciences/SeaTurtles/Pages/Lights.aspx>.

Captiva Community Panel Meets May 12

The Captiva Community Panel will hold its regular monthly meeting on Tuesday,

May 12, beginning at 9 a.m. in the Cone rooms of Chadwick's Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion about mangrove protection (invited)
- Discussion of future community panel priorities.
- Community panel bylaws revisions
- Update on Captiva Plan revisions.
- A Captiva Erosion Prevention District update.
- A Captiva Fire District update.
- A Hurricane Preparedness and Response Committee update.
- Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be on June 9. Information and background documents are available online at www.captivacommunitypanel.com.

CEPD Meets May 13

The Captiva Erosion Prevention District will hold its next monthly board meeting on Wednesday, May 13, at 1 p.m. in the Wakefield Room at Tween Waters Inn. Call the district at 472-2472 or go to <http://mycepd.com/> for further information.

Captiva Community Panel Looking For Nominees

Interested in helping to set the island's land use and zoning direction? The Captiva Community Panel is looking for interested nominees to fill current and future openings on the panel. Meetings are usually in the morning on the second Tuesday of each month; no specific background is required, except a desire to learn about issues facing the island and a willingness to work to address them. Email your name, contact information and a little of your background to captivacommunitypanel@gmail.com. The information will be passed on to the panel's nominating committee.✱

American Legion Post 123

On Sunday, May 10, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m. The following Sunday, May 17, the legion will host a Fish Fry from 1 to 8 p.m.

Mark your calendars for Sunday, May 24 because the American Legion will be holding their 7th annual Redneck O'lymp'ics.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

To advertise in the *Island Sun* Call 395-1213

Community House Summer Potlucks



The Community House

A great way to share information about The Community House happenings and to meet other summer residents will be to attend one of their Summer Potlucks. The first will be held on Wednesday, May 27 at 6 p.m. and will feature an informal cooking presentation and sharing of ideas for the planned Community House Kitchen.

Chef Jarred Harris, formerly chef at The Sanctuary Golf Club (1999 to 2005), is back from England after a 10-year pub ownership. He will present easy ways to prepare fresh Florida fish. The fish will be locally caught by Billy Kirkland and buddies, fish stories will likely be told, too. Bring a potluck dish to share – your favorite appetizer, entrée, salad or dessert, enough for at least six people. All friends welcome to attend this free and easy summer form of entertainment. Don't forget your favorite beverage...

BYOB! Organizers will provide coffee and water.

Many great ideas and suggestions from both women and men have been coming to The Community House regarding how to better socialize and enrich our community spirit through cooking, baking, canning, growing, harvesting and education. All are invited to talk about what fun foodies can have bringing this new concept to life.

This will be a first look at what they are planning for the House Kitchen Guild to do as a key part of the redevelopment of The Community House. See what the Sanibel landmark will look like later next year with your help. Although this is a free event, reservations will be greatly appreciated for planning purposes. Call your friends, then call The Community House office at 472-2155. Watch for this ongoing What's Cooking column in the newspaper as we share happenings, recipes and activities.

For more information on this event or how you can help, visit www.sanibelcommunityhouse.net or call 472-2155.✱

San-Cap Optimist Club Offers College Scholarships For 2015

The Sanibel-Captiva Optimist Club is offering two four-year college scholarships to 2015 graduating seniors. The new scholarships replace two of the current six (since two current scholarship recipients are graduating college). Each scholarship is \$1,750 per year (\$7,000 total). The competition for the scholarships is open to all seniors graduating from high schools in Lee County in 2015.

Applications are available at all Lee County high schools (see your guidance counselor), at Bailey's General Store and at Sanibel Café, both on Sanibel, and on the San-Cap Optimist Club's website, www.sancapoptimist.org. Additional information is available via email at sancapoptimist@comcast.net or from Stan Howard at 472-0836. Scholarship applications must be postmarked no later than Thursday, June 11. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records and references are integral parts of the selection criteria. The application package gives exact procedures.

Because of the generosity of local residents and businesses, these scholarships have increased from \$6,000 to \$7,000; existing scholarships will benefit by increasing future payments from \$1,500 to \$1,750 per year. The SanCap Optimist Club also sponsors and supports a number of other activities on the islands with emphasis on kids' welfare and education. The club is a 501(c)3 organization.✱

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Causeway Inspection Begins May 11

Lee County Department of Transportation consultant TY Lin International will perform the final planned bridge inspection on the Sanibel Causeway to monitor repair work that was completed in September 2014. No lane closures are anticipated.

The work is scheduled to begin May 11 and is expected to be complete before Memorial Day Weekend, weather permitting.

Workers will be on the bridges' shoulders 9 a.m. to 4:30 p.m. weekdays. Motorists will navigate slight lane shifts with minor traffic disruptions during the daily set up and breakdown of equipment, according to a spokesperson for the City of Sanibel. Variable message signs will be placed to alert drivers.

The purpose of this inspection is to check the status of the repairs made to selected cracks last fall as well as to evaluate the performance of the different materials that were used in those repairs. Additionally, workers will monitor cracks identified in prior inspection reports.

Call 533-9400 with project-related questions. Or email LeeTrafficTOC@leegov.com.

Galloway Captiva Triathlon Registration Under Way

Registration is under way for the 5th annual Galloway Captiva Triathlon. Registration now guarantees participants a spot in the event (which has sold out earlier every year) and saves registrants money. Proceeds from the event will benefit the Community Cooperative Ministries Inc. (CCMI) School Pantry and Emergency Food Backpack program.

The event is scheduled for September

13 at South Seas Island Resort on Captiva and includes a quarter-mile open-water swim, 10-mile bike (on closed island roads) and 3.1-mile run along the gulf and Redfish Pass. Registration is available online at www.CaptivaTri.org. The nonrefundable cost to register is \$75 for individuals, \$85 for elite amateur athletes and \$180 for relay teams of two or three people. If the tri doesn't sell out first, registration increases June 1 to \$85, \$95 and \$200 respectively.

"It's all about staying in shape, challenging yourself and staying active," said race director Kate Gooderham. "Participants enjoy a great sense of accomplishment and at the same time, our community benefits from the donation to an important local charity."

continued on page 9

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Marty Harrity

From page 1

Local Business Rally

Park in Stuart. That event was attended by area officials, Everglades Coalition, Rivers Coalition and River Warriors.

On Captiva, speakers included Bud Nocera, president of the Greater Fort Myers Beach Area Chamber of Commerce, island realtors Shane Spring, Eric Pfeifer and Denice Beggs, fishermen and marina owners Paul McCarthy, Dave Jensen and Dall Burnsed (wife of angler Jimmy Burnsed), restaurant owners Sandy Stilwell and Marty Harrity as well as artists and musicians Austin Church, Xavier Cortada, Danny Morgan, Edward Morris and Buster Simpson.

“It’s confounding to me that we’re even here today. We should be up in Tallahassee, cheering our elected officials for doing the right thing,” said McCarthy.



Austin Church performs *Waters Of Life*

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Sandy Stilwell

“Some time ago, we had a member of Congress (referring to ousted Southwest Florida politician Trey Radel) who was addicted to cocaine. Now, we seem to have some other members of Congress who are addicted to sugar. They need to get clean and go to rehab.”

Harrity, co-owner of the Doc Ford’s chain of restaurants and a Sanibel City Council member, noted that nearly 75 percent of Floridians voted in favor of the proposed land purchase. “It’s a no-brainer. Please don’t miss this opportunity,” he added.

“If we don’t have clean water and we don’t have a clean environment, what else do we have?” asked Ann Brady, director of the Rauschenberg Residency.

With a backdrop of several standup paddleboarders and kayakers in the water behind the marina, several other locals added their impassioned pleas to government officials.

“Nutritionists have told us that sugar is bad for our bodies, and now we’re going to let them do this to our waters?” said Burnsed. “C’mon people! Do the right thing... buy the land!”

Church wrote an original song, *Waters Of Life*, which he sang at the start of the event:

*Nobody said it would be easy
Nobody said it would be fun*



Signs painted with messages urging support to buy land for the EAA Reservoir



From left, Erick Lindblad, Laurel Burnsed, Danny Morgan and Dall Burnsed



Dave Jensen

*But if we join together
We can get our mission done.*
At the conclusion of the event, all of the speakers – holding fish-shaped signs



Denice Beggs

Painted with words supporting the construction of the EAA Reservoir – shouted in unison, “Buy the land!”**



Paul McCarthy of Captiva Cruises speaks during the rally



From left, Chauncey Goss, Serita Van Vleck and Debi Almeida

Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesday, May 13 is *Sophie's Choice* by William Styron. Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Friday Collage Classes with Bea Pappas – June 5, 12, 19 and 26, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte pre-mium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

Games

Bridge – Monday and Wednesday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – May 12 and 19 (weather permitting) at

8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.*

Online Voter Registration Bill One Step From Becoming Law

After the Senate sent the Online Voter Registration Bill to Governor Rick Scott for his signature, Deirdre Macnab, president of the League of Women Voters of Florida, said, "This is a bill everyone can love. It will be cheaper, more accurate and make voter registration much easier. Legislators did the right thing by approving online voter registration." The bill would also make it possible for registered voters to go online to update their voter information.

Macnab said, "Scores of grassroots organizations as well as all 67 supervisors of elections worked tirelessly to bring Florida into the technology age for voting. Now it is up to Governor Scott to honor these efforts."

The League of Women Voters of Florida is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.*



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FISH Offers Youth Scholarships

Did you know the FISH Youth Scholarship Program, designed to financially assist with youth educational expenses, includes summer camp? This Helping Hands program helps enhance the ability of families and our community to nurture their children by allowing the clients of FISH to continue working during the summer months when their child is out of school.

FISH works with The Sanibel School, the City of Sanibel and other community partners to identify families that may need youth scholarships. Depending on the unique situation of the household, which is determined by a detailed intake process, FISH may be able to fund a portion of the cost of the program. Their goal is to help build economic security for families while providing island youth with the opportunity to experience quality care

during summer months.

Summer programs, now more than ever, play a crucial role in the development of children. FISH partners with the following summer programs for the youth scholarship program:

BIG ARTS

Monday through Friday, 9 a.m. to 3 p.m.; Grades K to 12

Children's Education Center of the Islands

Monday through Friday, 7:30 a.m. to 5:30 p.m.; Grades Pre-K

Sanibel Recreation Center Summer Camp

Monday through Friday, 8 a.m. to 5 p.m.; Grades 1 to 8

All financial assistance cases must go through a detailed intake process and provide certain financial documentation to FISH. Each case is evaluated privately, on an individual and per instance basis. There is no guarantee of financial assistance from FISH.

For more information, call 472-4775 or visit www.fishofsanibel.com.*

Fun Times For All At Sanibel School Seahorse Festival



Activities at The Sanibel School’s popular Seahorse Festival, held last Saturday afternoon at The Dunes Golf & Tennis Club, included a rock climbing wall, wrecking ball challenge and inflatable slides



Chipping challenge contestants, from left, Jackson McKee, Henry Sergeant, Wyatt Symes, Jake Gibson, Hunter Hammarberg, Mason Macalka and Charles Taylor



Kassia Sparks with Scarlett, Justin and Gloria Strauss



Anna Willis, Anna Wells, Mackenzie Orsino and Bailey Drobnyk



Similar to an inflatable jousting arena, four friends play the wrecking ball challenge



Jordan McKee, Dana Swanson, Denise McKee and Jackson McKee



Ryan Dunavant and Mason Macalka battle for the football



Bryce Richards takes on the rock climbing wall



Giliar Motta and Brooke Wills with the Bloetz kids



Selling tickets and 50/50 raffle chances were, from left, Terrie Kielborn, Caroline Holtz and Libby Payne



Karen Ruff, Leann Prescher, John Prescher and Jack Ruff

From page 5

Elected Officials Attend Seminar

Estero, Northport, Punta Gorda, Venice, Arcadia and Hendry County.

Ethics training for specified constitutional officers and elected municipal officials is required by Florida statute, effective January 1 of this year. However, as Lee pointed out, what happens during open public meetings is "vastly different" than what many of his seminar attendees may have seen on C-SPAN of local government cable television. He called those broadcasts "unreality TV."

To begin the session, Lee noted that when it doubt about dealing with any issue that might arise before, during or after a government meeting, asking the advice of legal counsel is the first step.

"First and foremost, you must consult with your municipal attorney. Then, get it in writing," said Lee. "And if it isn't real clear, then ask for further clarification."

The Florida League of Cities offers free legal consultation service to any attorney who represents a municipality or elected official through the attorney.

"That's probably the single most important advice I will give you today," he added.✱



Yumi Bautista

Ready To Read

Youngster Yumi Bautista helped her friends recognize letters and letter sounds at Summit Christian Preschool at Sanibel Community Church, located at 1740 Periwinkle Way. Many of the children enrolled at the preschool are reading and are ready for kindergarten.

Children can attend preschool for free by signing up for Florida's Voluntary Preschool program, if they are 4 years old by September 1. Summit also has limited space for children who are 3 years old by September 1. Leslie Celestin, the preschool director, is available for tours of the school.

Correction

In the May 1 issue, in the story entitled Permits Approved For Doc Ford's Move, Susan Dunn was incorrectly identified as the sender of an anonymous postcard. In fact, Dunn mailed out a postcard to approximately 350 residents which identified her as the sender. We apologize for the error.✱

Overeaters Anonymous

Two Sanibel residents are starting an Overeaters Anonymous meeting for anyone who has a problem with food. Overeaters Anonymous (OA) is a 12-step program that addresses all kinds of food issues including bulimia, anorexia, binge-eating, food restricting-compulsive eating and compulsive food behaviors.

Until a meeting place is secured, meetings will be held in a private home on the island. For more information, call 781-799-9957 and ask for Margie.✱

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Members of the Sanibel Police Department and the Sanibel Recreation Center staff were recognized for saving the life of a woman who suffered a heart attack during a spinning class at the rec center last month. Recognized with Phoenix Awards, presented by Sanibel Fire & Rescue District Assistant Chief Matt Scott, were Sergeant Ken Sutton, Officer John Jakubowski, Ashley Baker, Char Durand, Jai Earle, Matthew Erpenbeck, Debbie Kwok, Tasha Maddix, Andrea Miller, Jillian Navidonski and Jan Symroski.

From page 1

Special Council Meeting

• Route Alternatives – Roundabouts, causeway one-way traffic during peak periods

• Expectations
“There is no ‘silver bullet’ when it comes to solving traffic problems,” said councilman Chauncey Goss. In addition to the council’s special meeting on June 1, Ruane proposed a second special session be con-

ducted with members of the city’s planning commission. A final date and time for that meeting has yet to be determined.

“I look forward to having some good discussions on this,” added Ruane.✱

Coyote Impacts On Sanibel Discussed

by Jeff Lysiak

During Tuesday’s city council meeting, a status update regarding the impact of coyotes on Sanibel was presented by Holly Milbrandt, the city’s acting natural resources director.

According to Milbrandt, coyotes naturally migrated south and east of Florida’s panhandle region over the past quarter of a century. In 1983, she explained that coyotes had been documented in 18 Florida counties. By 1990, coyote populations occupied at least 48 counties. However, in recent years, the species has been found in all 67 counties of Florida.

“The first confirmed sighting of a coyote on Sanibel occurred in February 2011,” said Milbrandt, who noted that a coyote had been photographed in the JN

“Ding” Darling National Wildlife Refuge. The following month, the City of Sanibel notified citizens of the coyote sighting and requested they report any additional sightings to the Sanibel Police Department.

Since then, the city began a coordinated approach with conservation partners at the U.S. Fish & Wildlife Service (USFWS) as well as the Sanibel-Captiva Conservation Foundation (SCCF) to monitor coyotes with wildlife cameras on island trails and conservation lands. Last year, the Sanibel Biologists Working Group – including city staff, SCCF, USFWS and the Clinic for the Rehabilitation of Wildlife (CROW) – held their first meeting to discuss coyote monitoring and management on Sanibel.

Asked by the council how many coyotes are currently living on the island, Milbrandt estimated that given Sanibel’s size and the territory range of the species, she hypothesized that “between five and 10 individuals may be here.”

Coyotes are opportunistic omnivores that prey on rodents, rabbits, lizards,

snakes, insects, grasses, fruit, grains, fish, crabs, turtle eggs/hatchlings, carrion, pet food, garbage, feral cats and small domesticated animals. They are most active at dusk and dawn and produce between two and 12 pups per litter (averaging six). Reproduction depends upon the available food supply.

“Coyotes are extremely versatile and will increase their reproduction rates or move in from surrounding territories once a coyote has been removed,” noted Milbrandt, who also showed a series of photographs and one four-minute time-lapse video of coyotes poaching sea turtle hatchlings on the beach.

The Sanibel Biologists Working Group suggests that coyotes may pose threats to Sanibel’s protected and other native species through predation, competition and disease. A chart documented sea turtle nest depredation events by coyotes and raccoons on Sanibel since 2007. Until 2013, that rate ranged between 0.6 percent and 19 percent annually. However, last year, the percentage jumped to 32

percent, which Milbrandt called “particularly concerning.”

The group is evaluating research proposals that would provide data on habitat use, reproductive success, home range size and food habits of coyotes on Sanibel. They will continue to assess management options, successes and challenges while identifying funding needs and potential sources.

Milbrandt added that in urban areas, coyotes can lose their fear of humans as a result of coming to rely on ample food sources, including household refuse, pet food and even intentional feeding of coyotes by humans. She offered a number of suggestions how citizens may prevent attracting coyotes:

- Do not feed coyotes or leave pet food outdoors
- Keep pets on a leash at all times
- If you encounter a coyote, make noise and wave your arms. This will reinforce the coyote’s natural fear of people.

Report all coyote sightings by calling the Sanibel Police Department at 472-3111.✱



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Rotary Happenings

submitted by Shirley Jewell

College campuses across the nation are brought to life each fall, not only with strong educational offerings, but with robust commitment, support and pride for athletic programs being offered at their school. The college experience is often enhanced with the opportunity to get involved with sports teams on campus and attend sporting events that bring vitality to campus life. Remember FGCU's Dunk City moniker heard 'round the world? That certainly woke us all up to college sports in the area.

Now, there's going to be a new player in town. Well, not really a "new" player, but the reemerging of the former Edison State College now renamed Florida SouthWestern State College (FSW) athletic program. Athletics on this campus have laid dormant for quite some time, in fact, since 1997.

San-Cap Rotary's guest speaker this



Coach Jamie Corr

past week was FSW's new head baseball coach, Jamie Corr. "In the '90s, Edison had a great baseball team with a reputation of producing some of the best college players in the nation," Corr told us. "Some players even went on to the Major Leagues."

However, the college student body was changing in the late '90s and the age

bracket of students was getting older with more responsibility at home, the pool of student athletes on campus dwindled and the athletic program was shut down. Good news now, though. The student body has changed once again; more traditional students are in attendance at FSW. The college growth has been phenomenal; the development of new educational programming and the economics of recent times highlighting the educational value being offered at FSW have brought an increase in college enrollment. The physical plant at FSW has changed as well with construction of new classrooms, construction of dormitory space, landscape and grounds design changes, all this has certainly improved the attractiveness of the college... but something was still missing.

It was time to bring athletics back to Edison/FSW, and it is coming back big time. The school hired former FGCU athletic director Carl McAloose, who has put in place an outstanding new coaching staff – Baseball, Jamie Corr; Softball, Robert Iamurri; Men's Basketball, Mary Richter; and Women's Basketball, Kristy Ward.

In addition, FSW has signed a 10-year agreement with the City of Fort Myers to take over the Boston Red Sox former spring training stadium – City of Palms

Park – for FSW's Buccaneers baseball and softball teams. Upgrades are being made to the stadium, and Corr has already signed 20 Buccaneers baseball players. FSW helped this process with a number of student-athletic scholarships being offered.

In the news recently, you might have heard that the FSW Suncoast Credit Union Arena is now under construction on the campus at the corner of Summerlin Road and Cypress Lake Drive. Suncoast Arena will not only be an asset to the college but to the community as well. The word is that, when not in use for college sporting events, the arena will be available for other community events. Suncoast Arena is scheduled to open for the FSW Buccaneer Basketball 2016-17 season.

FSW President Jeff Albritten was quoted as saying, "We are an institution that was a community college. Now, we are a college in this community. We are an institution that is growing and expanding. We have dorms, we have international programs, we have music programs, theater programs; now we have athletics and it gives people something else to cheer for."

Corr summed up his time at the podium by saying, "Sports add life to the

continued on page 28

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OBITUARY



KENNETH R. KARASIN

Kenneth R. Karasin, a loving brother, father, grandfather, uncle and friend died peacefully in his sleep Saturday April 25, 2015 in his home in Sanibel, Florida. Born April 14, 1926, Ken served in active duty in WWII and subsequently married Henrietta Karasin and raised four children in Mt. Kisco, New York. He founded Khen Classics Advertising in Manhattan where he took great pride in helping his clients move their businesses forward. He chaired the

board of Poets In the Public Service for more than two decades, contributing his expertise to a struggling nonprofit. Along with Henny, his wife of 64 years, Ken was a founder of both Bet Torah Synagogue in Mt. Kisco and Bat Yam in Sanibel. He was proud of the contributions he made to lives of the people he touched.

A graduate of Bronx High School of Science and New York University, Ken had an insatiable curiosity about everything that mattered to him. He was an all city gymnast and Golden Gloves boxer and remained active all his life. He loved fishing, camping, boating, skiing, playing tennis and golfing. Yet, spending time together with family and friends was when he was most content.

Ken was an artist, a writer and thinker of great thoughts! He travelled almost every year of his adult life, spanning six of the seven continents and enjoyed the experience of seeing how others of differing cultures and beliefs met the challenges of their lives. Ken loved life's journeys both literally and figuratively.

Ken is survived by Myra Klahr, his four children and their spouses, Brad and Shuly Karasin, Craig and Sandy Karasin, Blair and Victoria Karasin and Michael Samet and Elissa Karasin-Samet, 11 grandchildren, nieces and nephews.

It is hard to put into words the void that his family and friends feel at his passing but we know that Ken lived his life on his own terms. He did it his way!✱

Churches/ Temples

ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers
Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m.; Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

NEW SANIBEL BAPTIST CHURCH

Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502.

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684
Dr. Daryl Donovan, Senior Pastor

Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues. 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS**EPISCOPAL CHURCH:**

5 p.m. Saturday Eucharist, 9:30 a.m. Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS**OF THE ISLANDS:**

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.✱

FISH Volunteers Head North

While many island residents may look forward to the end of "season," FISH of Sanibel-Captiva, Inc. witnesses their volunteers, many of whom are 'snowbirds', return to their northern homes.

"Volunteers are the lifeblood of our organization," said FISH office manager and volunteer coordinator Lyn Kern. "We couldn't exist without the people who share their time and hearts at FISH. Volunteers help us with everything from driving and visiting with clients, delivering meals and assembling backpacks, answering phones and stocking shelves to event planning and grocery shopping – and we appreciate all of it. In 2014, volunteers of FISH provided over 6,500 hours of service and drove over 28,000 miles on behalf of FISH and our clients – that's a lot of man/woman-hours!"

As season comes to an end, however, over 55 percent of FISH volunteers head back home through, at least, October, while the FISH organization finds creative ways to continue to provide service to their year-round clients.

"Although it may take us a little longer to find a driver or a Walk-In Center volunteer, we always find a way to get the job(s) done," added Kern. "Our year-round volunteers really go above and beyond to fill in the gaps."

FISH volunteers are full and part-time residents, retired and working. Some help in one service area, others assist in with several, and some can only give mornings or afternoons or certain days of the week, while others have more availability. There are always opportunities to become involved with FISH. With so

many possibilities, everyone can find a good fit.

If you or someone you know is interested in becoming a volunteer, call the FISH Walk-In Center at 472-4775.✱

Duplicate Bridge

On Tuesday, April 28, there were five duplicate bridge tables in play at The Community House. The winners were:

North/South

1. Lois T. Garrett and Will Smith
2. Clara and Terry Terrana

East/West

1. Sara Berendt and Merrill Taylor
2. Ann Lindberg and Susan Willoughby

There are two ACBL sanctioned games per week, Tuesdays and Thursdays, 1 to 4 p.m., at The Community House, 2173 Periwinkle Way. The games run from the January 1 through April 28.

For more information, contact Susan Willoughby at 281-3258.✱

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Registration Open For CECI Preschool Summer Camp



The CECI staff and children pose with their cowboy hats and horses during Let's Pretend Week

The Children's Education Center of the Islands is getting ready for summer fun. The preschool is accepting applications for summer camp, which runs June 8 to August 7, for children from 18 months to rising kindergarteners.

Activities will include arts and crafts, hands-on cooking, gardening, science experiments, music and movement, story time, teacher-directed activities, center time, water play, and outside play. The summer curriculum also includes a block of academic – but still fun – time for children who will be entering kindergarten in August. The focus will be reading, writing, and math readiness.

Parents can sign up their children on a weekly basis for a three-day, four-day or five-day program. The center is open from 7:30 a.m. to 5:30 p.m.

Each week will be planned around a different theme. They include:



Doing the hula during Fantastic Island Fun Week

June 8 to 12: Dive Into Summer – Summer safety on bikes, in the water and at the beach; water play days.

June 15 to 19: Under The Sea – Sea life exploration, sea life art, costume party.

June 22 to 26: Super, Slimy Bug Week – Collect and study different insects, bug scavenger hunt, craft bug art.

June 29 to July 3: Fourth of July Field Day – Field day Olympics; everything red, white and blue.

July 6 to 10: Under The Big Top – Clowning around at the circus, face-painting, circus crafts, CECI's Greatest Show On Earth.

July 13 to 17: Let's Go Camping – Camping out on the playground, build your own tent, cooking by "campfire."

July 20 to 24: All Those Animals – Learn about pets, zoo and jungle animals; animal crafts; pet show and puppet show.

July 27 to 31: Let's Pretend – Western day, safari day, pirate day, sports day, PJ day.

August 3 to 7: Fantastic Island Fun – Learn about island shells and wildlife, find native plants, luau fun.

To register, call the school at 472-4538. ✱



Emma Spencer eating a S'mores during Let's Go Camping Week



Yuan Bonhayag is having a puppet show during All Those Animals Week

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Plant Smart

Black Olive

by Gerri Reaves

This time of year, black olive trees (*Terminalia buceras*) are draped in clusters of tiny greenish-yellow flowers. This attractive evergreen is widely used as a shade tree in the commercial and residential landscapes of Florida.

Also called oxborn bucida and gregorywood, it grows up to 50 feet tall and develops a rounded crown with a wide spreading canopy. It is usually single-trunked and the wood very hard.

Dense foliage with short spines makes it a good shade tree and nesting area for birds.

The alternate obovate or oblanceolate leaves are dark green, leathery and two to four inches long.

Dangling spikes of tiny flowers appear at the branch ends amid the leaves. Although small in themselves, they are so plentiful as to cast a soft haze over the tree.

Instead of petals, the flowers have cups composed of five sepals.

The tree's "olives" are not the common edible one, but fleshy black oval fruit of about one-half inch long. Take care



Black olive is a popular non-native shade tree photos by Gerri Reaves

where you plant the tree, for the fruit contains tannic acid that can stain paved areas or vehicles and be messy.

It requires full or partial sun, has both high drought and salt-air tolerance, and is pest resistant.

Some experts consider this native



In spring or summer, spikes of small greenish-yellow flowers cast a haze over the tree

of Central American and the Caribbean to be a Florida native, but most do not, so consider planting a native species instead.

The South Florida Water Management District deems this tree not "storm hardy," especially if not pruned properly.

Sources: *500 Plants of South Florida* by Julia F. Morton, *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, edis.ifas.ufl.edu, lee.ifas.ufl.edu, and sfwmd.gov.

*Plant Smart explores the diverse flora of South Florida.**

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CROW Case Of The Week:

Loggerhead Turtle

by Patricia Molloy



On April 23, a wounded loggerhead turtle was delivered to CROW from Everglades National Park. The adult female had been hit by a boat, as evidenced by the large crack in the shell just above her tail. The presence of algae and barnacles on her head, flippers and shell indicated that her injuries had impeded her ability to swim well. After a thorough examination that included radiographs, Dr. Heather ordered that the patient, #15-1029, be prepped for surgery.

The loggerhead turtle (*Caretta caretta*) was named for its exceptionally large head. They are meat eaters that forage for shellfish that live in the deep ocean and have jaws so powerful

they can crush hard-shelled prey – like clams, sea urchins and horseshoe crabs – with absolute ease. Their bony, heart-shaped carapaces (upper shells) range in length from 2.5 to 3.5 feet and they can weigh up to 375 pounds. The loggerhead is listed as “Threatened” under the U.S. Federal Endangered Species Act and “Endangered” by the International Union for Conservation of Nature and Natural Resources.

During the surgical procedure, a small section of the turtle’s carapace was removed, along with the algae and barnacles that had grown on her body. Additionally, an intravenous line was inserted so that a high-caloric formula called TPN (Total Parenteral Nutrition) could be administered.

As part of her recovery, she was “dry-docked” in one of CROW’s large outdoor turtle tanks; to keep a sea turtle with open wounds fully-submerge in saltwater would invite bacterial infection. Since dry-docking for long periods can be uncomfortable for such a heavy turtle, staff members regularly filled the tank with enough saltwater to allow her to float for short periods of time. It took two to three staff members to accommodate these therapeutic soaks.

“She’s really depressed, but she has made some improvements,” Dr. Brittany said several days into the patient’s recovery period. “Without us even touching her – we were just getting near her – she lifted up her head and she moved her flippers a little bit. She now looks around and kind of knows what’s going on in her surroundings more. She’s still dehydrated and still sits around for long periods of time, but I think moving her up and down while letting her float has been helping. (Recovery) just takes time.”

Ten days after surgery, the turtle’s condition had improved significantly. “She is swimming around now and eating solid food well and doing fine,” beamed Dr.



The loggerhead is shown “dry docked” at the bottom of a drained turtle tank. In between saltwater soaks, which are supervised by two to three staff members, the turtle rests on a padded mat and is covered with damp towels.

Heather. As soon as her wounds have fully healed and her strength and stamina have returned, the loggerhead turtle will be returned to her home in the Everglades.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crow-clinic.org.



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Cut Bait Tarpon Fishing



by Capt. Matt Mitchell

Our May primetime tarpon fishing is now in full swing with these challenging angler favorites being hooked and caught all through our area by a wide variety of methods.

Daily conditions dictate which fishing method will be the most effective. Wind can often be the enemy of sight fishing for tarpon. In the perfect tarpon fishing world, it would always be slick calm and we would only pitch live baits to never ending rolling pods of approaching fish.

Reality is that we just don't get that many perfect light wind picture perfect tarpon days in a season to sight fish for them. During windy conditions though, you can still have that chance to catch a tarpon, although it might not be

like the way you saw it in your tarpon dreams.

Wind simply reduces your options when tarpon fishing. Cut bait is far from the most glamorous way to catch a tarpon but, day in day out it, catches more fish than any other method. My daily cut bait of choice while tarpon fishing is a fresh mullet. Even when conditions are only slightly windy, I like to anchor up and fish with both live and cut baits. Often, tarpon will eat a cut bait when they just won't eat anything else. My tarpon spread is to run cut baits out from the stern while having my clients pitch assorted live baits under floats out from the bow.

The fresher the mullet the better. I buy mine directly from a local commercial mullet fisherman that delivers them to my dock and supplies lots of fishing guides all tarpon season. Fresh mullet can be found at most bait stores or fish houses. Mullet hold well for a few days in a cooler packed on ice. A one- to two-pound mullet is the perfect size to cut into two chunk baits.

To prepare this tarpon snack, cut the mullet in the middle through the stomach cavity so that it does not hold air and will



Gary Biltgen with a snook caught and released while mangrove creek fishing this week with Capt. Matt Mitchell

sink. Then cut off the mullet's tail to stop it from spinning in the current. Using these large chunks will deter catfish from being able to take the dead bait. Hook the bait with as much of the circle hook showing as possible. The idea is for the bait to pull off the hook when it gets picked up by a fish. If the bait does not come off the circle hook, a tarpon will spit it back at you, hook and all, on that first jump.

Catfish tails and cut ladyfish work well for tarpon cut baits too but for me, fresh mullet is hard to beat and is so easily available. Fresh cut Spanish mackerel and bluefish are well known prized cut baits too but both of these species are illegal to use as a bait since they have size and possession regulations in the state of Florida. To the FWC, there is no difference between using a chunk of Spanish mackerel or a chunk of snook as a tarpon bait.

While anchored up in your favorite tarpon spot, cast out the cut bait rods as far as you can throw them. Set them up in the rod holders leaving just enough slack in these lines that when a fish picks up the bait it has a chance to swim off before it comes tight. The key to getting hooked up on a cut bait with a circle hook is that the fish moves away, hooking itself. Most of the time a tarpon is hooked and jumping by the time you can even get the rod out of the rod holder.

My tarpon cut bait rigs are 30-50# class seven-foot heavy spinning rods with

7500 series spinning reels. I spool these reels full of 250 yards minimum of 50# braid. For leader, tie a line to line knot to a five- to six-foot piece of 80# fluorocarbon using a loop knot to attach a 12/0 cut bait circle hook. This is a very simple rig with the large chunk of cut bait being enough weight to hold it stationary on the bottom in most of the six- to eight-foot areas where I tarpon fish.

After taking a half dozen or so early season tarpon charters, I've managed to jump at least one fish or more on every trip but was yet to get one all the way to the boat for a leader release until this week. With approaching weather and windy conditions, I decided to sit in a favorite confidence spot in the middle sound. Setting up the four-rod spread of live and cut baits within 20 minutes, we had a roughly 80-pounder hooked up on a cut mullet. It always feels good to get the first tarpon of the year to the boat and the monkey off my back.

Cut bait fishing is probably not the way you dreamt of catching that fish of a lifetime but when it comes down to it, having a tarpon on the end of your line and a chance to close the deal is what it's all about.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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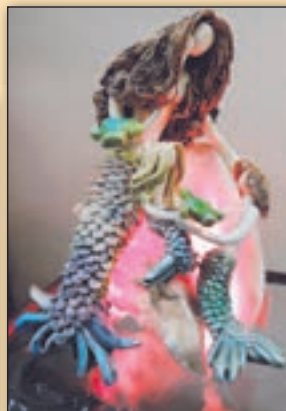
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The Unexpected Issues That Could Arise From Rising Sea Levels

submitted by Ken and Kate Gooderham, ASBPA executive directors

Launch into a discussion about sea level rise, and the first thing that comes into focus is flooding. It's the most obvious outcome of higher water levels, it carries a high risk for damage and impact, and it certainly would seem to be the biggest problem coastal communities would face.

Ahh, but sea level rise will have a far more insidious impact that merely pushing more waters onto our coasts, rivers, wetlands and communities. There are some less obvious outcomes from any increase in sea level, some of which may have very far-reaching effects:

- Potable water could be harder (or more expensive) to find.

Since almost every coastal community relies on groundwater to supply its potable needs, rising levels of salt water threaten to encroach on existing supplies, either turning them more saline (and thus undrinkable) or necessitating more treatment to make them safe for consumption – an expensive proposition, especially if communities need to turn to desalination.

- Your coastal economy will take a hit, however it operates.

If you rely on tourism, dwindling beaches due to higher waters will take its toll. Commercial fishing a big industry? Changing water conditions (salinity as well as temperature) could shift or shutter entire fisheries. Is agriculture a big player inland from your coast? The competition for usable water if groundwater supplies are sullied could stunt its growth. Even ports (and the shipments they handle) will need to adapt to changing conditions.

- Coastal habitats will change far more rapidly than their inhabitants might like.

The slightest change in water conditions – levels, temperature, salinity, even turbidity – can remake a habitat almost overnight. Productive estuaries can go fallow, protective freshwater and transitional wetlands can turn tidal, nest and resting sites can dwindle and disappear – and all the critters that rely on that habitat will come under increasing pressure as well.

- A community's basic infrastructure will need to withstand much more to do its job.

Beyond the obvious – drainage systems that can't drain because high tide is higher than it used to be – the potential strain on coastal infrastructure from higher water levels, more exposure to saline water, more inundation overall, etc., is considerable. Add to this aging infrastructure and changing conditions possible with higher water levels – bridges past their engineered life, roads more exposed to tidal influences, power grids and water systems having to operate under increasing adverse conditions – and the problem becomes clearer... and the cost to fix those problems continues to mount.

- Predictability will give way to uncertainty on too many levels.

For coastal professionals, residents and advocates, this is the biggest concern – uncertainty will have a major impact on our communities in an unpredictable way. From regular occurrences that suddenly turn from routine to ruinous, to weather events that veer from mild to wild almost instantly, to the long-term unknowns tied to sea level rise and the concurrent environmental changes that could remake coastal conditions for years (or more) to come. Something as simple (and crucial) as how the oceans circulate – a process that moves more water than all the rivers in the world, according to studies – is highly dependent on water temperature and salinity to function – two conditions that have become impossible to predict (or even rely on) as ocean conditions change.

Why is this important to you? Because a majority of Americans live within 50 miles of a coast, and the coastal economy generates more than half of the country's Gross Domestic Product. A coastal issue is a national issue.

Whatever happens with sea level rise, our coastline is the area most vulnerable to any changes that occur – and in ways many don't consider. In fact, for many communities dealing with sea level rise along the beachfront may be the simplest task ahead. If you work for wider beaches, higher dunes and structures built higher and stronger, and most of your beachfront sea level rise challenges will be handled.

As for the rest of these challenges, let's encourage more scientific research to define and perhaps resolve the problems listed above and any others bound to crop up. These issues strike at the core of coastal resiliency, the effort to make communities better able to anticipate and adapt, respond and recover to whatever coastal catastrophe comes next. These also are issues that can occur even if sea level rise isn't a driving force: potable water and habitat preservation are scarce commodities in the best of times, and keeping our economies and our infrastructure healthy and prepared for the future are always priorities.

The prospect of sea level rise, at whatever magnitude, just provides us with even more impetus to act.✱

Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com



LCEC United Way Grand Slam

Tournament Nets Over \$50k For United Way

A record-breaking 88 boats and 263 anglers participated in the 19th annual LCEC United Way Fishing Tournament on April 18 in Pine Island. The tournament raised \$51,000 for the United Way of Lee, Hendry, Glades & Okeechobee Counties. This amount

includes much of the prize money which was donated back to the cause by the tournament winners. Congratulations to Grand Slam Winner, Team Island Inn, who weighed in at 18.2 pounds. Special thanks to the premiere sponsor of this year's tournament, Irby. LCEC is grateful for the continued support of sponsors, anglers and volunteers that give back to this community. For a complete list of winners, event photos and information on next year's milestone tournament, visit www.uw.lcec.net/fish.html. ✨



Capt. Patrick Ewald of Caloosa Charters with a group who released a 125-pound tarpon.

Sanibel Fishing Club Meeting

On Tuesday, May 12, the Sanibel Island Fishing Club will hold its next monthly meeting. The meeting will begin at 6:30 p.m. in the north room of The Community House, 2173 Periwinkle Way. This month's featured speaker is Capt. Patrick Ewald of Caloosa Charters. He will begin his presentation at 7 p.m. There is no admission charge and the angling public is invited. Pizza and refreshments will be available at a nominal charge.

Ewald has been featured in *Onshore/Offshore Magazine* and has more than 30 years of experience as a professional fishing guide in Southwest Florida. On his website, www.caloosafishingcharters.com, Ewald states that he has fishing holes that cover more than 100 square miles of inshore waterways. He has won numerous

continued on page 22

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Shells Found



From left, Suzanne Lipsey, Kerry Salatino, Caron Jacobs and Bonnie Berry

On April 25, during a reunion of high school friends visiting Sanibel, Suzanne Lipsey of The Woodlands, Texas, Kerry Salatino of Sanibel, Caron Jacobs of Grapevine, Texas and Bonnie Berry of Corpus Christi, Texas each found a tulip shell between Bowman’s Beach and Blind Pass. ✨

Shell Found



Wanda Hill and Jennifer Hill

Wanda Hill and her daughter, Jennifer Hill, found a junonia while shelling on the Captiva side of Blind Pass near the rock jetty. “I saw it, didn’t catch it, convinced myself I had just thought I’d seen a junonia, and then 20 minutes later, it was in my hands,” wrote Jennifer Hill, who was vacationing from Glen Ellyn, Illinois. ✨

Shells Found



Chase Parker

Chase Parker of Fort Myers Beach found four junonias on Earth Day at Blind Pass. He said, “The first two junonias I found are perfect, and the other two are a little banged up. The strong waves pushed many alphabet and Florida cones up on the shell piles along with the eight small pieces of junonia I found throughout the day. The junonias seemed to wash up in pairs with 10 minutes between the first two and less than five between the second two. I had only found one junonia before I found these and, by the end of the day, I was happily seeing spots.” ✨

Shell Found



Susan Deming Ragot

Sanibel resident Susan Deming Ragot found a beautiful lion’s paw on her birthday while shelling along West Gulf Drive. ✨

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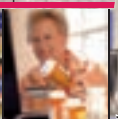
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Shell Of The Week

Wedge Piddock



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The wedge piddock, *Martesia cuneiformis* (Say, 1822), is a wood borer that may

be found in driftwood and floating logs in the Western Atlantic Ocean and Gulf of Mexico. The shell, which may attain 3/4 inch in length, is usually pear-shaped, and very thin. Typically, piddock clams have the anterior (wider) part of the shell equipped with rows of tiny tooth-like projections. These act like a cheese grater, enabling the clam to bore its way into the wood. For readers who collect this column: a closely related species, the striate piddock, was featured on March 7, 2014. The two species differ mainly by the shape of the accessory plate, or mesoplax, located on top of the shell in the central picture below: the mesoplax is oval-shaped in the wedge piddock, and squarish in the striate piddock. Read more about the



Martesia cuneiformis complete

species at <http://shellmuseum.org/shells/shelldetails.cfm?id=281>.

Shell Museum Events

Daily at 11:30 a.m. and 3 p.m. – Live Mollusk Tank Talk: Learn more about the shell makers from one of our marine biologists.

Mondays, 2 p.m. – Carolyn’s Collection: A fun and engaging look at gem-quality shells of a private collector.

Tuesdays, 2 p.m. – What is a Mollusk? A marine biologist offers a fun and informative introduction to mollusks found throughout the world.

Thursdays, 2 p.m. – Shell ID: Get mysterious finds identified by an expert.

Fridays and Sundays, 2 p.m. – Shelling 101: Learn how and where to shell our

photos by Jose H. Leal

local beaches.

Saturdays, 2 p.m. – Giant and Colossal Squids: An expert’s insights into the lives of these mysterious creatures.

Daily Island Inn Morning Beach Walks: Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10, and parking at Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests: Please book through the Inn).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-

Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

From page 19

Fishing Club Meeting

tournaments, and fishes out of a 21-foot flats boat.

Since the May fishing club outing will be a tarpon tournament, this presentation will primarily be about the various techniques and tackle Ewald uses to catch this elusive game fish, as well as some of his favorite fishing holes within greater Pine Island Sound. If catching one of these silver kings is on your fishing bucket list, attend this meeting and get some professional advice as to how, when and where to catch a magnificent tarpon.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as the SCCF Marine Lab, Lee Reefs and the Sanibel Sea School. For information on joining the club, contact Rol Campbell at 472-8994 or attend a meeting.

To learn more about the club, to view fishing photos or to explore the fish recipe section, go to: www.sanibelislandfishingclub.com.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 8, 11 a.m., \$5 included with admission – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach about safe interactions with wildlife in the community.

Monday, May 11, 11 a.m., \$5 included with admission – Wildlife Rescue 101, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first one. This presentation uses past case studies, rescues and releases to teach about safe interactions with wildlife in the community.

Tuesday, May 12, 11 a.m., \$5 included with admission – Patient Profiles: Sea Turtles presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. One of CROW's team members will describe why they are admitted and how the medical staff treats this species.

Wednesday, May 13, 11 a.m., \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers

externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, May 14, 11 a.m., \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will describe why they are admitted and how the medical staff treats this species.

Thursday, May 14, 2 p.m., \$20

advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Friday, May 15, 11 a.m., \$5 included with admission – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they do it.*



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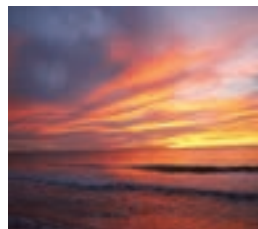
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Crossroads Quartet

Summer Concert Series At Shell Point

Shell Point's 5th annual Summer Concert Series will feature four performances plus a bonus concert. The series offers diverse, affordable entertainment during summertime in Southwest Florida. All performances begin at 7:30 p.m. in The Village Church on The Island at 15100 Shell Point Boulevard, Fort Myers. Kicking off the series on Saturday, June 13 is Crossroads Quartet. River City Brass Ensemble plays on Friday, July 10. Woodworks appears Tuesday, August 25. Dick Hyman presents a program entitled Big Bands & Combos on Thursday, September 10. A bonus concert will take place on Thursday, August 13 and features the Southwest Florida Chamber Symphony. Individual tickets are \$20, or advance series tickets are available for all four Summer Concert Series performances for \$60, a savings of \$20. Purchase tickets online at www.shellpoint.org/concerts or call 454-2067.



River City Brass Ensemble

"Many residents of Southwest Florida live here year-round and are searching for activities during the slower summer months," said Dawn Boren, director of resident life. "Based on positive feedback from previous seasons, Shell Point's Summer Concert Series is back with an engaging lineup of highly acclaimed, talented musicians."

Crossroads Quartet is a world-champion, a cappella quartet made up of four versatile, award-winning vocalists. Though steeped in traditional barbershop harmony, Crossroads Quartet sings a variety of musical styles including vocal jazz, blues, gospel, pop classics and standards from the Great American Songbook.

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Dick Hyman

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Southwest Florida Chamber Symphony



Woodworks

Brass is joined by Dr. James Gourlay, a world-renowned tuba artist from Scotland.

Woodworks is a musical group founded by professional percussionist Thomas Suta. Woodworks incorporates Suta's percussion skills along with four marimba instrumentalists and a vocalist to offer a well-rounded musical program that includes traditional Mexican music, Sousa marches, and even a Joplin rag, as well as popular and classical favorites.

Dick Hyman has a long-standing career as a pianist, organist, arranger, music director, and composer, and has researched and recorded piano music of greats like Joplin, Gershwin, Jelly Roll Morton and Duke Ellington. Hyman brings his distinctive style to Shell Point with a performance that features documentaries and film clips of famous Big Band recordings, followed by his own solo version.

Southwest Florida Chamber Symphony presents the works of two composers who found inspiration in the Earth's life cycle in their respective parts of the world: Baroque-era Italian composer Antonio Vivaldi's *The Four Seasons*, and 20th century Argentina tango composer Astor Piazzolla's *The Four Seasons of Buenos Aires*. ❄️

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Fish Caught



Justin Gausby
Justin Gausby, 12, caught and released a 37-inch snook while on a Sea Reed Charter. It was the first trip to Sanibel for the Gausby family and they stayed at Shell Island Beach Club.✪

Fish Caught



Hannah Fay
Hannah Fay of Sanibel with a black drum she caught and released on April 18.✪

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Baby alligator snapping turtle photo courtesy of CROW

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife (CROW), along with photos of patients admitted to the facility. In 2014, CROW's wildlife hospital cared for 3,410 sick, injured, or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals

and six percent reptiles. CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer. The next CROW Picture Show is on Friday May 8 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens, free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration. For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.



Baby red-shouldered hawk photo by Doug Albert

Rotary Happenings

community, vitality and spirit." Sanibel-Captiva Rotary announced the re-opening of their online store. Enhance your wardrobe by perusing a selection of great clothing with specially designed San-Cap Rotary merchandise by renowned artists Ikki Matsumoto and

Myra Roberts. Also available on this site is San-Cap Rotary's Guatemalan Coffee. Visit SanibelRotaryStore.org.-About Us-Shop. The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@scongress.com.

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Superior Interiors

Decorative Fibers
For Your Home

by Linda Coin

What fabrics will be the best choice for you to consider for your home? Window treatments, furniture, accent pieces, decorative pillows and bedding ensembles are all places that decorative fabrics can be beautifully and creatively used. With the multitude of man-made and natural fibers available from which to select, it pays to do a little homework.

Natural Fibers – Cotton has been the number one choice of designers and homeowners alike. Cotton dyes well, and has unlimited styling potential. It tends to have a “soft hand,” and doesn’t pill or fuzz. It’s an extremely durable fabric, and can be blended with other fibers in a textile. A custom drapery made from 100 percent cotton fabric will be crisp or flowing, depending upon the type of fabric weave.

Wool Fibers – Known for being springy, resilient and soft, wool fibers are extremely durable. After bleaching, wool may be easily dyed and the fiber will retain its color depth for a very long period

of time. Wool tends to be used more for upholstery, area rugs and carpeting rather than draperies.

Silk – Known for its natural luster, silk is undeniably one of the most beautiful decorative fibers of all. There are many grades of silk, and many times silk is blended with other fibers during the manufacturing process. Strong light may tend to discolor silk and might even disintegrate the fiber. Today’s manufacturers have woven many fabulous designs into silk fabrics, including the popular embroidered silks.

Polyester – A man-made fiber, polyester is used quite often in decorative textiles because of its strength. Another great characteristic of this strong fiber is its ability to stand up under strong sunlight. Textiles of polyester are also abrasion-resistant, have a soft, warm “hand” and dye extremely well. It may be used for both drapery and upholstery fabric.

Probably the most often used textile is a combination of polyester and cotton. The best characteristics of both fibers are incorporated to produce an extremely versatile and well-priced fabric.

Naturally, there are many other fibers used in decorative textiles, but these are the most common. As you become more familiar with the many characteristics of fibers found in decorative textiles, you will be able to choose the right fabric to meet your needs.

Linda Coin is an Interior Designer for Sanibel/Captiva Islands and can be reached at linda@coindecaden.com. ✱



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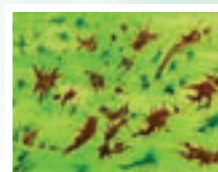
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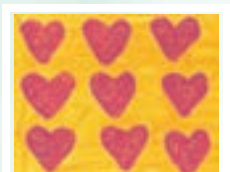
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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Beautiful Boys

by Paula Timpson

They play free and timeless
Their sound of laughter is forever
Breath of joy lives in Lemon blossoms and orange tree
Swinging and climbing
beautiful boys create memories
Their love is innocent
Sweet words of truth echo
Curiosity and wonder manage their days
open hearted and wise
Winds blow their songs across Florida
Eyes shiny
full of
Love

Paula Timpson is a published poetess, teaching artist. She lives in Venice with her husband and 8-year-old son who is her forever muse. Visit <http://paulaspoetryworld.blogspot.com>. <http://paulaspoems.blogspot.com>.



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Book Review

Shellcrafting II

by Di Saggau

Anne Joffe, the owner of She Sells Sea Shells shops on Sanibel, has a new book about shellcrafting. In *Shellcrafting II*, she gives you step-by-step instructions on how to create your own works of art from shells you find on Sanibel, or those you have found in other places. You will learn what materials to use including glues and acrylic sprays. Joffe has been involved in the shelling world for well over 40 years, both in the scientific and artistic fields. When it comes to shells, she's one of the local experts and she shares her expertise in her latest book.

There is a section on flowers and which shells to use and necessary supplies to complete the job. Beautiful color photos of over 15 shell flowers will help you create your own. Numerous holiday ornaments are displayed including angels, wreaths, a Rudolph reindeer ornament and even a tree topper. A Santa pelican ornament is adorable and he can be adorned with either a tiny golf club or tennis racquet to suit your individual preference. There's also a Christmas manatee.

The choices are many and are suited to be treasured keepsakes. The Fairy Princess is one of my favorites and as Joffe says, it takes some time to make, but the results are worth it.

Perhaps you would like to make colorful shell napkin rings or maybe shell dishes. You can also create a welcome

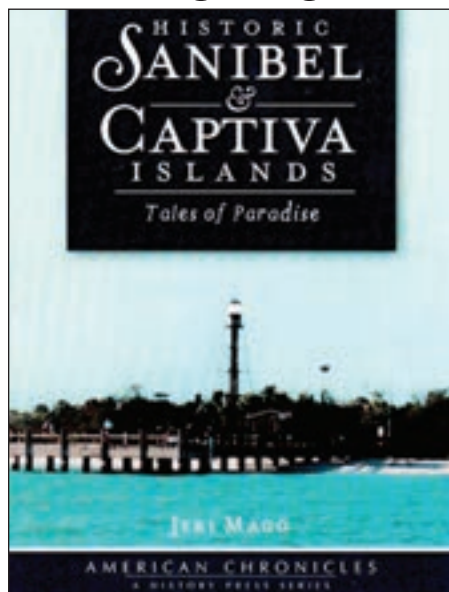


sign, picture frame, frame for a mirror or cover a lamp base. Let's not forget about the section on jewelry which features eye-catching earrings and necklaces.

In the back of the book is a shell index to help guide you in selecting the proper shell for each project. But remember, you are not limited to any one shell, you can substitute and use your imagination for your own creation.

Shellcrafting II by Anne Joffe is available at both She Sells Sea Shells locations on Sanibel, 1157 Periwinkle Way or 2422 Periwinkle Way. It gives you a complete approach with instructions that are easily followed and assure successful and happy shell crafting. Pick up a copy for yourself and one for a friend.*

Book Signing



On Sunday, May 10, from 12 to 3 p.m., author Jeri Magg will be signing her book *Historic Sanibel and Captiva Islands, Tales of Paradise* at the Gulf Coast Book Store in downtown Fort Myers. The store is located at the Butterfly Estates, 1815 Flowler Street.

Magg has been a Sanibel resident for more than 35 years, and is a docent at the Sanibel Historical Museum and Village, as well as a freelance writer.*

Shell Point

Summer Concert Series

2015

CROSSROADS QUARTET



Saturday, June 13

Crossroads Quartet is a world-champion, a cappella quartet made up of four versatile, award-winning vocalists. Steeped in traditional barber-shop harmony, Crossroads Quartet sings a variety of musical styles, including vocal jazz, blues, gospel, pop classics, and standards from the Great American Songbook.

RIVER CITY BRASS ENSEMBLE

Friday, July 10

Dr. James Gourlay, a world-renowned tuba artist from Scotland, presents a new eight-piece ensemble with a unique repertoire, virtuoso musicians, and accessible performers in a special patriotic program.



WOODWORKS Tuesday, August 25

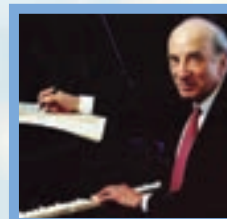


Founded by professional percussionist Thomas Suta, who incorporates four marimba instrumentalists and a talented vocalist into a well-rounded musical program. Enjoy traditional Mexican music, Sousa marches, and a Joplin rag, as well as classical favorites.

DICK HYMAN: BIG BANDS & COMBOS

Thursday, September 10

Dick Hyman has had a long-standing career as a pianist, organist, arranger, music director, and composer. Hyman's concert performance will feature documentaries and film clips of famous Big Band recordings, followed by his own solo version.



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This summer, Southwest Florida Symphony presents the works of two composers who found inspiration in the earth's life cycle in their respective parts of the world: Baroque-era Italian composer Antonio Vivaldi's *The Four Seasons*, and 20th century Argentina tango composer Astor Piazzolla's *The Four Seasons of Buenos Aires*.



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Past participants at the Ride of Silence

Ride Of Silence Is May 20

Matzaluna Italian Restaurant, in conjunction with the Sanibel Bike Club and Billy's Bikes, will host the annual Ride of Silence on Wednesday, May 20. Riders are encouraged to arrive for a short educational program that will begin at 6:15 p.m. The ride will begin at 7 p.m. and cross over the first two bridges of the Sanibel Causeway then turn around under the main span and return to Matzaluna.

Matzaluna will provide discounted food and drinks for all riders.

Since May 2008, the Sanibel Bike Club has hosted a local Ride of Silence to honor fellow cyclists who have been killed or injured in cycling accidents and to raise awareness that everyone should share the road. The Ride of Silence is a worldwide event that takes place at 7 p.m. on the third Wednesday of May each year. Club members, friends, neighbors and the community are invited to ride in this short, silent, slow ride. Helmets are required for all riders, and front and tail lights are required if you plan to ride your bike home after dinner.

The initial Ride of Silence in 2003 in Dallas, Texas drew 1,000 cyclists in response to the death of Larry Schwartz, by a school bus mirror, earlier that same month.✱



Riders will cross the first two bridges of the Sanibel Causeway

Residents Surpass Goal, Raising Over \$346,000 For United Way

The Sanibel-Captiva United Way Campaign Committee announced at its annual hog roast honoring leadership donors that residents contributed \$346,137 to the 2014-15 United Way Campaign. This is a five percent increase in giving from the previous year. The dinner was hosted by Tony Lapi and 'Tween Waters Inn and Resort.

Sanibel-Captiva Campaign Committee members include chair Tony Lapi, and committee members Allison and Chauncey Goss, Gaye and Jim Pigott, Robbie and Geoff Roepstorff, Lucy and Paul Roth, Linda and Tom Uhler, Penny Wilkinson, and Judie Zimomra. The Sanibel-Captiva campaign's leadership givers included 14 Alexis de Tocqueville Members who give \$10,000 or more annually, and 67 Keel Club Members who give \$1,000 to \$9,999 each year.



Campaign committee from left, Penny Wilkinson, Paul and Lucy Roth, Tony Lapi, Judie Zimomra, Tom and Linda Uhler

The combined total of the money raised for the United Way of Lee, Hendry, Glades, and Okeechobee was \$9,038,833. All money raised for the local United Way stays in the community and supports local agencies and programs.

"A big 'thank you' to Sanibel and Captiva residents for showing how much we care about our neighbors who are in need. The United Way and its 82 partner agencies will help many thousands of people because of the generosity of our residents. The successful campaign directly benefits our islands through the services provided by FISH of

continued on page 6B

Inherited IRA Distributions



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

When a beneficiary other than a spouse inherits an IRA, there's a lot to consider. In today's column, I'm going to review some of these rules which should serve to underscore why IRA planning is important in anyone's estate plan.

As many readers are already aware, a spouse is the only person who can "roll over" an IRA into his or her own account. All other beneficiaries must immediately begin taking Required Minimum Distributions (RMDs) in the year following the account owner's death, whether or not the beneficiary is over 70 1/2 years of age.

IRS rules mandate that these RMDs be calculated using a "Single Life Table" based upon the beneficiary's age as of December 31 in the year following the account owner's death. This table is a different one than the table used to calculate IRA account owner RMDs during their lifetime (the "Uniform Life Table" that begins at age 70 1/2). The Single Life Table – which is the one used for Inherited IRAs as I will describe is somewhat tricky to use.

Assume, for example, that Donald Smith died in 2015 leaving his \$750,000 IRA in three equal shares for his daughters, Sally and Norma and his grandson Tad. Donald already took his RMD calculated under the Uniform Life Table for 2015, or if he has not, then his personal representative (executor) will take it for him before year end.

Assume further that Sally will be age 64, Norma will be age 61 and Tad will be age 35 as of December 31, 2016, the year following Donald's death.

Donald's IRA will therefore be divided into three separate "Inherited IRA" accounts – each with \$250,000 named "The Donald Smith Inherited IRA f/b/o (for the benefit of) Sally; The Donald Smith Inherited IRA f/b/o Norma; and The Donald Smith Inherited IRA f/b/o Tad". According to the Single Life Table, Sally's divisor for 2016 is 21.8, Norma's divisor is 24.4 and Tad's divisor is 48.5.

Therefore, Sally's must withdraw from her Inherited IRA \$11,468. This is her RMD calculated as $\$250,000/21.8$. Norma must withdraw \$10,246 as her RMD ($\$250,000/24.4$) while Tad's RMD is only \$5,155 ($\$250,000/48.5$). Even though Sally, Norma and Tad could withdraw their entire balance whenever they want, so doing would be foolish since the distribution is taxable income to each of them. The wise thing to do is to only take the minimum distribution required, which leaves the

balance to continue to grow tax deferred.

Notice that Tad's RMD is significantly less than Sally and Norma's because he is so much younger.

Now what happens in 2017? Let's assume that each of their three shares grew at the same rate of 7 percent. Sally's share will have grown to \$255,229. ($\$250,000 - 11,468 = \$238,532 + 7$ percent growth). Notice that even after the RMD from the prior year, Sally's account has grown. What is Sally's RMD for 2017? One might guess that you would go to the Single Life Table and look up the divisor for a 65 year old but that would be incorrect. Instead, Sally takes the original divisor (21.8) and subtracts one from it. Consequently, Sally's divisor is now 20.8. Her RMD for 2017 in my illustration would be \$12,271.

In case you are curious, Norma's RMD for 2017 would equal \$10,963 (computed as $\$250,000 - 10,246 = \$239,754 + 7$ percent)/23.4; and Tad's RMD for 2017 would equal \$5,515 (computed as $\$250,000 - \$5,155 = \$244,845 + 7$ percent)/47.5.

What this means is that from the date of Donald's death, Sally has roughly 22 years to withdraw the entire IRA balance, as the divisor will keep falling until it reaches the number one. Similarly, Norma has approximately 24 years to withdraw her balance but Tad has almost 49 years to withdraw his balance.

If, however, Donald named a trust as the beneficiary of his IRA, and that trust did not create separate shares for Sally, Norma and Tad but instead treated them as part of a pool from which the trustee could decide to distribute, then the oldest beneficiary's divisor (Sally's) will be used for purposes of computing the RMD. This would be a bad result for both Norma and especially Tad, since they would not be able to enjoy the tax deferred growth based upon their younger ages. In this illustration, the 2016 RMD would equal \$34,404 ($\$750,000/21.8$) and would increase substantially over the years.

This speaks to the importance of having a trust that separates IRA beneficiaries' shares into separate and distinct units. In order for the beneficiaries to enjoy the tax deferred growth, the trust must also comply with the "identifiable beneficiary" regulations that I have written about in prior columns.

These illustrations also point out a major problem when an IRA is left to a marital trust with the intent that the surviving spouse benefit from the IRA for his or her life and then be distributed to the decedent's children or other family members. Some estate planners believe that using a marital trust for IRAs in second marriage situations is preferable to naming the surviving spouse outright.

The problem with naming the surviving spouse outright is that she could, after rolling over the IRA into her own account, decide to disinherit the decedent's children since she has the ability to name whomever she wants as her IRA beneficiaries.

To combat that possibility, some financial advisors and estate planners will suggest

How Do You Know It's Time to Move to Assisted Living?

Friday, May. 15, 2015 at 10:00 a.m.

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naming a marital trust that pays the surviving spouse the income for her life but then distributes to the decedent’s children at her death. While this might work very well for other assets, such as regular brokerage accounts, for IRA accounts it won’t work if the surviving spouse lives out to a normal life expectancy.

Recall in my illustrations above, Sally, age 64, would withdraw the entire balance of her Inherited IRA in 22 years. If Sally were a second spouse instead of a daughter and was named under a marital trust as the beneficiary - and if the trustee of the trust withdraws the RMDs, and distributes this taxable income to Sally over those 22 years, so long as Sally lives to age 86, there would be nothing left for anyone who follows her as a beneficiary in the marital trust.

In second marriage situations it is therefore vital to consider the RMD calculations when deciding how to divide up and distribute IRA accounts. These issues are likely to become more important over the next several decades as IRA, 401(k) and similar qualified plan assets become a larger and larger percentage of individual’s net worth.

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IRA Beneficiary Single Life Table					
Age	Life Expectancy Factor	Age	Life Expectancy Factor	Age	Life Expectancy Factor
0	82.4	38	45.6	76	12.7
1	81.6	39	44.6	77	12.1
2	80.6	40	43.6	78	11.4
3	79.7	41	42.7	79	10.8
4	78.7	42	41.7	80	10.2
5	77.7	43	40.7	81	9.7
6	76.7	44	39.8	82	9.1
7	75.8	45	38.8	83	8.6
8	74.8	46	37.9	84	8.1
9	73.8	47	37.0	85	7.6
10	72.8	48	36.0	86	7.1
11	71.8	49	35.1	87	6.7
12	70.8	50	34.2	88	6.3
13	69.9	51	33.3	89	5.9
14	68.9	52	32.3	90	5.5
15	67.9	53	31.4	91	5.2
16	66.9	54	30.5	92	4.9
17	66.0	55	29.6	93	4.6
18	65.0	56	28.7	94	4.3
19	64.0	57	27.9	95	4.1
20	63.0	58	27.0	96	3.8
21	62.1	59	26.1	97	3.6
22	61.1	60	25.2	98	3.4
23	60.1	61	24.4	99	3.1
24	59.1	62	23.5	100	2.9
25	58.2	63	22.7	101	2.7
26	57.2	64	21.8	102	2.5
27	56.2	65	21.0	103	2.3
28	55.3	66	20.2	104	2.1
29	54.3	67	19.4	105	1.9
30	53.3	68	18.6	106	1.7
31	52.4	69	17.8	107	1.5
32	51.4	70	17.0	108	1.4
33	50.4	71	16.3	109	1.2
34	49.4	72	15.5	110	1.1
35	48.5	73	14.8	111+	1.0
36	47.5	74	14.1		
37	46.5	75	13.4		

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Kiwanis Meeting Features Guest Speakers

submitted by Tom Sharbaugh

The Kiwanis Club gathers for its 8 a.m. breakfast meeting each Tuesday at The Dunes Golf & Tennis Club. Along with breakfast, socializing, club business updates and the occasional quirky “Happy Birthday” serenade (we’re looking at you, Tom Uhler), the group hosts a series of guest speakers who bring education and enlightenment on a wide range of topics.

For example, recently Kiwanis members heard an interesting presentation from a local official of the U.S. Drug Enforcement Agency, who talked about



Mitch Miller

the wide range of controlled substances affecting Southwest Florida, including some new and very dangerous entries to the drug scene. The presentation included information on where these substances are coming from, how they are made and



The Dunes golf course

distributed, and how the authorities at the national and local levels work together to control the situation.

Closer to home, this week the club welcomed Mitch Miller, golf course superintendent at The Dunes, who talked about what it takes to maintain a first class golf facility here on Sanibel. Florida is home to over 1,400 golf courses, but Sanibel’s unique status as a sanctuary island and its strict ecological standards mean that our local golf facilities must be particularly sensitive to the environment and to island wildlife. The Dunes Club takes considerable pride in how their golf course has risen to that challenge.

In explaining his operating philosophy for maintaining The Dunes course, Miller credited an authoritative book with the lengthy title: *Best Management Practices for the Enhancement of Environmental Quality on Florida Golf Courses*. According to Miller, that book has been an influence not only on golf course operations like his, but on emerging municipal policies, including Sanibel’s new Fertilizer

Ordinance.

One of the unique aspects of The Dunes’ maintenance program is that it uses 100 percent reclaimed water for irrigation. Reclaimed water from the Donax Treatment Facility is stored in ponds located behind Matzaluna, then pumped to The Dunes golf course for irrigation when needed. Miller emphasized that with today’s advanced irrigation technology such as precision adjustable sprinkler heads and computerized timers, he is able to achieve very controlled placement of water when and where it is needed. Also, watering schedules are adjusted day to day to reflect rainfall amounts and avoid waste. These modern practices have substantially reduced The Dunes water use for golf course irrigation.

Another one of the problems presented in the past by golf course maintenance practices has been the amount of phosphorus used as a turf nutrient. Phosphorus has been implicated as a factor in red tide blooms, so there has been pressure to reduce its use. Recognizing that, Miller explained that The Dunes has not used phosphorus on its course for the past year and half.

A related concern on The Dunes golf course in past years has been algae blooms on its ponds and lakes due to high nutrient levels, which resulted in fish kills. Mitchell explained that for the past several years, The Dunes has worked closely with the SCCF Marine Lab to develop new practices that can eliminate this problem. New techniques include keeping a vegetation buffer around the border of ponds, and raking the ponds to remove dead algae and reduce nutrient buildup. These efforts have been successful as evidenced by the absence of fish kills in recent years.✱



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Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I have recently gone through a painful breakup and I know that he already has another girlfriend. I am still distraught. Do you have any suggestions on how I can get through this?

A: One of the most painful losses we can experience is the loss of a rela-

tionship. We not only give our all on an emotional, physical, mental and spiritual level, we put all of our trust in a person we think feels the same about us. This is not always the case.

Chances are, you have a multitude of emotions stemming from heartbreak to anger to depression, and perhaps even relief, especially if there was a lot of tension in the relationship. This is a natural response when going through a breakup or divorce.

As difficult as it is to feel the pain, there is a time and place when one comes to acceptance of what is. There is uncertainty that lies ahead and it can be scary to yield to that uncertainty, or fear of the loss of the known even though the known is not in our highest good.

When there is a breakup, it's natural to seek the support of friends and family. While this can be comforting, it's also important to seek the support of someone who can be objective such as a clergy or professional counselor. An objective professional will give you feedback about how you are handling your emotions through the situation and furthermore, provide guidance to assist you in working through your feelings so you can reach the level of acceptance and move on with your life.

Even if you know in your heart the breakup is the best decision, it does not eliminate the feelings of loss you have – especially in the beginning.

Take time for the necessary grief that loss brings. This takes a few steps:

- Do not blame yourself. It's easy to feel that you said or did something wrong or you are not good enough or are inadequate. You are a wonderful light that shines from within and that light is within you while you heal.

- Seek out the support you need and have a list of contact persons you can call to talk when you are feeling alone.

- Allow yourself time to process this change in your life and know that healing is taking place.

- You may be tempted to rebound and go straight into another relationship. Give yourself plenty of time to work through the grief and allow a reasonable amount of healing time before you decide to enter

continued on page 20B

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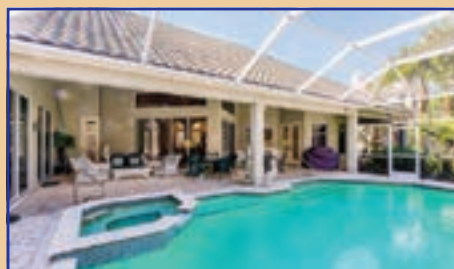
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From page 1B

United Way Goal Reached



Patricia and Frank Middendorf and Lynn and Ed Ridlehoover

Sanibel-Captiva and other United Way partner agencies located in the Sanibel United Way House,” said Tony Lapi.
“We are very proud to be part of a caring and generous community. Raising over \$346,000 is phenomenal,” said Cliff Smith, president of United Way of Lee, Hendry, Glades, and Okeechobee. “A special ‘thank you’ to Tony Lapi and the campaign committee for their hard work.”
The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$137 million since it was established in 1957. For more information, call United Way at 433-2000 or visit www.UnitedWayLee.org.✪



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Von Harten Receives Principal Achievement Award

by Jeff Lysiak

Last week, teachers and staff from The Sanibel School celebrated Principal Barbara Von Harten's recent achievement of receiving the prestigious Lee County School District's Principal Achievement Award for Outstanding Leadership.

Von Harten received the award at the Florida Department of Education Commissioner's Summit for Principals, held in Orlando back in February. One principal from each county in the state was recognized for improving student achievement, promoting a safe learning environment and enriching the lives of Florida students through exemplary leadership.

"I am honored to recognize these school leaders. They are shining examples of what it means to make students and the quality of education provided at their schools a top priority," said Florida's Education Commissioner Pam Stewart. "These principals are models of exceptional leadership, and possess the vision and motivation necessary to provide an outstanding education in Florida schools."

At the Summit, Von Harten was presented with a check for \$400, which she donated to the Sanibel School Fund to assist with the school's Spanish program.

On April 28, Von Harten's co-workers surprised her by holding an impromptu celebration, including a bouquet of flowers and a congratulations cake. She also received



The Sanibel School's Barbara Von Harten with the Principal Achievement Award for Outstanding Leadership

photo by Jeff Lysiak

cards made by several students and a slide presentation of highlights from her career at the school.

"I'm very humbled and honored to be recognized by my peers," said Von Harten, who joined The Sanibel School as principal 18 years ago. "The Sanibel School is a high performing school, but the fact that we have high learning gains is something that I'm most proud of. We strive to have each child make at least a year's worth of growth, and that is something that my entire staff can be proud of."

Nancy McDole, assistant principal at The Sanibel School, lauded Von Harten for maintaining a positive professional relationship with her staff, teachers, students, parents and community members.

"Every aspect of the school's success is a direct result of (Von Harten's) tireless efforts to reach for higher and higher expectations of herself, her teachers, her staff and her students," said McDole.

"Barbara is so deserving of this prestigious honor. I can't think of anyone who is more worthy of this award."

Robbie Roepstorff, founder and president of Edison National Bank/Bank of the Islands and one of the school's long-time School Advisory Council members, also offered words of praise for the award-winning principal.

"There are countless examples where Barbara's abilities as a strong leader and consensus builder led to new initiatives and right decisions for her students. Sanibel Island is very proud its school has been recognized as a Blue Ribbon School of Excellence," said Roepstorff. "Countless parents, business leaders, teachers and district leaders/educators believe Barbara Von Harten is the reason our children are receiving a Blue Ribbon education." ❄



Barbara Von Harten was surprised with cake and flowers from her staff last Tuesday
photo by Diane Cortese

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Historical Society Appointes New Board Member



Tom Libonate

The Captiva Island Historical Society (CIHS) welcomed a new board member to its existing 10 members. Tom Libonate joins Chairman Jim Pigot, Kristie Anders, Molly Barbee, Mike Boris, Robin Cook, Molly Downing, Dave Jensen, Marilyn Klaskin,

Paul McCarthy and Cindy Sargent. Libonate brings extensive business background in marketing and technology to CIHS along with a genuine attachment to Captiva, its history and natural riches. He has been a devotee of Captiva for almost 30 years.

Libonate spearheaded the creation of a premiere marketing agency, Ryan Partnership, which specialized in promotional, direct and Internet marketing, creative and website design, and retailer marketing. For 25 years, he led the company on an impressive growth pattern where it became the largest independently owned marketing agency in North America. In addition to the Captiva Island Historical Society, he serves on the Roselle Catholic High School Consultative Board (Roselle, New Jersey), has served on the educational and faculty affairs committee of Monmouth University (West Long Branch, New Jersey) and the Westport Arts Center Board of Directors (Westport, Connecticut).

Libonate is the father of four sons and three grandchildren. When not on Captiva, he and his wife, Merni, reside in Farmington, Connecticut.

Since its inception in 2011, the Captiva Island Historical Society has worked on archiving over 3,000 documents and photos, has released five DVDs of oral histories, and presented special education programs, highlighting historical periods of the islands.

The History Gallery, located in the Captiva Community Center on Chapin

Lane, is open during the Captiva Memorial Library hours and can be accessed through the library. The exhibit room takes on the wooden look of the interior of the old mailboat, *Santiva*, which serviced the islands prior to the

construction of the Sanibel Causeway in 1963. The windows feature interpretive panels and touch screen access to historic information sure to pique one's interest.✪

Dushaj Joins Sanibel Captiva Community Bank

Sanibel Captiva Community Bank has named Prenta Dushaj assistant vice president and senior loan officer for residential lending. She is responsible for assisting customers with a variety of residential loans, including conventional and construction loans, and condo and commercial lending.

Dushaj has more than 13 years of mortgage experience, including working as a senior mortgage specialist, office manager and senior loan support specialist at banks in Michigan. She is a member of the Florida Association of Mortgage Professionals, Bonita Springs-Estero Association of Realtors, Bonita Springs Area Chamber of Commerce and Women's Council of Realtors Bonita Springs & Estero Chapter.

Sanibel Captiva Community Bank, established in 2003, is locally owned and operated, specializing in residential loans. To learn more, visit www.sancapbank.com.✪



Prenta Dushaj

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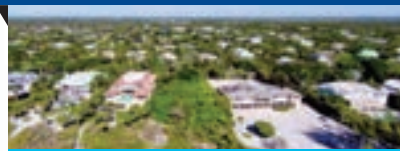
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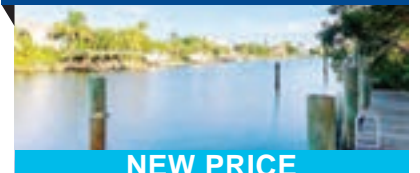
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Sign Up Now For Swim Lessons

Swim lessons can be a fun way for kids to cool off in the warm weather of spring and summer, and add an important layer of protection to keep them safer around the water. Lee County sees between 30 and 50 child submersion injuries in hospitals every year, and a third of those injuries become permanent.

The Florida Department of Health in Lee County urges all parents and care

givers to get children enrolled in swim lessons with trained instructors. The classes should include skills and water safety instruction. Parents should learn water rescue skills and CPR.

Layers of protection that include swim skills, supervision, barriers and emergency preparedness are listed on the Waterproof Florida website, www.waterprooffl.com.

In Lee County, swim lessons are offered at various community centers shown online at www.LeeCountyInjuryPrevention.org, www.safekidsleecollier.org and through private contractors.✱



Pete Bender, FISH 10K Race Committee member; Bob Kern, owner of Island Graphics; Nancy Bender and Ed Riddlehoover, race committee co-chairs; John Pryor, FISH board chair; and Bill Griffin, race committee member

Island Graphics Sponsoring FISH 10K Race

Island Graphics joins the 10K Race 4 FISH as a Silver Sponsor. The carefully-plotted race is set for Saturday, October 17 with its start-finish line at The Community House. It supports FISH of Sanibel-Captiva, Inc., a non-profit with a mission of neighbors helping neighbors.

"FISH works with people in need," Island Graphics owner Bob Kern said. "We are a small town, so neighbors helping neighbors has a personal touch to it."

FISH has been lending a hand to those in need since 1982 – from the young to senior citizens. In 2014, its volunteers provided 6,598 hours of service and traveled 28,700 miles on behalf of FISH and its clients.

"Driving a neighbor to chemo treatments or delivering meals to a neighbor recovering from surgery is very gratifying," Kern said. "You know the need is there and for most recipients their appreciation for the efforts of those who help them is obvious."

Island Graphics, located next to FISH at 1630 Periwinkle Way, has also been serving its island community since 1982, taking ideas and putting them into full-color print. The small commercial printing company utilizes a digital press and booklet maker, as well as two wide-format ink jet printers to create sales and marketing sell sheets, brochures and rack cards, calendars, children's coloring books, banners and posters, newsletter and directories, as well as all island mailers and magnetic name badges.

Kern took the reins at Island Graphics when its previous owner fell ill and decided to move north. Kern's plan was to upgrade the equipment to the 21st century, expand the product set and increase the customer base – all within a three-to-five-year time frame. "We have accomplished our goal," he said.

"Bob Kern, and his Island Graphics, has been a wonderful neighbor helping FISH continue its mission," said race committee co-chair Nancy Bender.

A variety of 10K sponsorship slots remain available – Gold, Silver, Bronze or Friend. For Gold to Bronze sponsorships, your name or logo will appear on the back of T-shirts featuring the Horton race logo and worn by the runners, as well as on all banners and printed 10K material. Friend sponsors will be included on all banners and 10K printed material.

If you are interested in becoming a race sponsor, contact Nancy or Pete Bender at benderlaw@juno.com or at 472-5220. Deadline is September 15.✱

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SPORTS QUIZ

1. In 2014, Penn State turned two triple plays in one game, only the second time it happened in NCAA Division I baseball history. Who did it first?
2. Who was the last Chicago White Sox rookie before Jose Abreu (2014) to be selected to the All-Star Game?
3. Who holds the Pittsburgh Steelers record for most rushing yards in a season?
4. When was the last time before 2014 that Villanova's men's basketball team won the Big East regular-season title outright?
5. How many players were on all four of the Montreal Canadiens' Stanley Cup winners between 1976 and 1979?
6. When was the last time before 2010 and 2014 that Canada's men's hockey team won back-to-back Olympic gold medals?
7. Name the three men in golf's modern era to have top-five finishes in each of a PGA season's four majors.

ANSWERS

1. Gonzaga, versus Washington State in 2006. 2. Ron Kittle, in 1983. 3. Barry Foster, with 1,690 yards in 1992. 4. It was 1982. 5. Fifteen. 6. It was 1948 and 1952. 7. Jack Nicklaus, Tiger Woods and Rickie Fowler.

NFL Rookies Become Sudden Millionaires, But How Will They Handle Their New Fortunes?



by Ed Frank

The National Football League 2015 draft is over and more than 200 players were selected last week with hundreds of millions of dollars committed to these athletes. But you have to ask yourself how will these young men handle and manage their newfound riches?

For example, Florida State quarterback Jameis Winston, the No. 2 overall pick selected by Tampa Bay, will receive a \$14.5 million signing bonus and will earn a total of approximately \$22.3 million over his four-year rookie contract.

Fellow quarterback Marcus Mariota, drafted No. 2 by the Tennessee Titans, will pocket \$21.3 million during his first four years

in the NFL, including a \$13.7 signing bonus.

Under a complicated NFL formula that calculates the league's salary cap and Rookie Compensation Pool, the signing bonuses and contracts diminish the further down the selection process.

But even the 32nd pick in the First Round that went to the Super Bowl Champion New England Patriots, defensive tackle Malcom Brown will earn just shy of \$7 million.

We ask this question regarding money management as numerous studies have shown that professional athletes often run adrift with these fortunes, sometimes referred to as "the sudden wealth syndrome."

An article several years ago in *Sports Illustrated* reported that 78 percent of former NFL players are either bankrupt or facing financial stress within two years after retirement.

No doubt this shocking statistic probably rings true for athletes in other professional sports.

The reasons are many and varied. Many of these young professionals come from humble backgrounds, are immature and often surrounded by "hangers-ons" or fall victim to shady investors.

To counter this huge problem, the NFL started its Financial Education Program to provide players and their families with important knowledge regarding money management and financial decision making.

Similar programs also have begun in other professional sports.

For example, when the Minnesota Twins built their new Player Development Academy in the CenturyLink Sports Complex, classrooms were included for instruction in money management and other important matters.

The public at large often utters a collective gasp when these huge sports contracts are announced. However, many players generously commit funds to form foundations for worthy causes and other charity programs.

And some have become astute businessmen and women when their playing days are over.

Unfortunately, however, too many have become financial failures as noted by the *Sports Illustrated* study.

continued on page 16B



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Happy Mothers Day



Co-chairman of the golf outing Roger Triftshauser, Honorary Chairman Kevin Ruane and co-chairman Doug Quelch

MOAA Benefit Golf Outing A Big Success

This year's Bob Janes Memorial Golf Outing, run by the Lee Coast Chapter of the Military Officers Association of America (MOAA), was an outstanding success, raising more than \$27,000 for veterans in need in Southwest Florida. The April 14 event was held at the Shell Point Golf Club in South Fort Myers. Dozens of volunteers, over 65 sponsors and 135 players participated. In the past three years, the Lee Coast MOAA chapter through its foundation has

become more than a social organization by taking on the responsibility of helping those who have served their country.*



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Roger Triftshauser, Doug Quelch and Jim Dozier, a retired Army Major General who was recently inducted into the Florida Veterans Hall of Fame. Dozier and his wife survived being kidnapped for 42 days by the Italian Red Brigades in Italy in 1981



Guns and Hoses bagpipe band – comprised of policemen and firefighters – entertained at the awards ceremony



The winning foursome, from left, Chris Spiro, Ed Crann, Mil Jenks and Keith Lewis

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ISLAND FARE

Dine Your Way Around Sanibel And Captiva With Anne Mitchell

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen desserts.

AMONG THE FLOWERS CAFE

Among the Flowers Cafe features local and organic vegetarian/vegan fare. Some of the featured items are fresh pressed juices and smoothies, fresh organic coffee and an espresso drink bar, fresh house-made nut milks, raw protein gems and chocolates, organic egg sandwiches and salads, Queenie's local ice cream, local beers and organic/sustainably farmed wines, gluten free bakery with custom layered cakes and complete party catering. You'll also find original art with uplifting messages as well as salt lamps, sage wands, handmade jewelry, T-shirts and gift-baskets.

Open 7 days a week for breakfast, lunch and early dinner until 6 p.m. Call-ahead for to-go orders, or sit outside under a covered deck.

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday 12 p.m. to 8 p.m. With fresh ingredients, mouth watering mozzarella, "secret recipe" dough and homemade pizza sauce, Beach Piez will deliver the best pizza the island has to offer. Stop in for the slice of the day.

BENNETT'S FRESH ROAST

Bennett's Fresh Roast at 1020 Periwinkle Way prides itself on its fresh-from-scratch doughnuts made daily and being the only Southwest Florida doughnut shop offering fresh roasted coffee from the finest beans. They also offer fresh desserts including praline bread pudding and lemon bars, packaged whole bean or ground coffees, breakfast muffins, oatmeal, breakfast sandwiches, strata (a layered baked breakfast dish) and a large variety of Harney & Sons Fine Teas. Lunch offerings including paninis, soups, sandwiches, signature salads and Bennett's Chicken & Donut, Donut Dog and a Lobster Roll are available Monday through Sunday from 11 a.m. to 2 p.m.



Emilie Mora at Zebra Treats

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and \$4.95 appetizers. For early diners, there's a three-course prix fixe menu for \$35 including a cocktail. In addition to an updated

wine list, seasonal house-infused liquors such as strawberry-jalapeno tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

CROW'S NEST AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

In addition to its Sanibel restaurant, Doc Ford's has a Captiva location in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular the Shrimp Po' Boy.

Featured monthly events include Trivia Night, Corks & Canvas, Comedy Night, dinner, dancing and live entertainment, and bridge. There is a Friday a la carte dinner menu with featured selections each week such as fish fry, prime rib, seafood and pasta nights.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m.

GEORGE & WENDY'S SEAFOOD GRILLE

George & Wendy's Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include barbecued ribs on Monday for \$18, prime rib on Tuesdays for \$18, crab legs on Wednesdays for \$18, steak lovers special on Thursdays for \$18 and Friday night fish fry for \$15.

There is a live jazz brunch buffet on Sunday from 10 a.m. to 1 p.m.

Happy hour is from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites.

Football food and drink specials are available in the bar area only during all NFL and Saturday college games. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREENHOUSE GRILL

The Greenhouse Grill has happy hour daily that includes \$2 off house wine, \$1 off draft beer and half price special of the day appetizer from 4 to 6 p.m. There are vegan and gluten free options available. Fresh, local, seasonal ingredients are used to flavor steaks, seafood, pasta, salads and burgers. The signature Bouillabaisse is a seafood lover's delight with fresh shrimp, mussels, clams, scallops, grouper and calamari. Homemade lemonade and green tea with pomegranate are a favorite among guests. Grand finales include Chocolate Fondant, Tiramisu, Crème Brûlée, Cannoli and other delectables. Pet-friendly patio seating available.

The Greenhouse Grill is open daily from 10:30 a.m. to 9 p.m. Reservations are appreciated and carry out orders are welcome.

IL TESORO

Il Tesoro serves authentic Italian food “with the taste and feel of a Tuscan holiday,” according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. “Come as our guests... leave as our friends!” is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of “happy apps” for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested.

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. “If our seafood were any fresher, we would be serving it under water!” is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

LIGHTHOUSE CAFE

Sanibel's popular breakfast and lunch restaurant on the east end also serves dinner from December 15 until the end of April. Owner Mike Billheimer, Sanibel native and member of a family operating one of Sanibel's first restaurants back in the 1950s, took over this legendary cafe in 1988 and has been mentioned in *Gourmet*, *Bon Appetit*, *Country Living*, *Southern Living* magazines for their outstanding food quality and service. Try one of the selections of eggs Benedict, homemade wholewheat granola hotcakes or one of the three-egg omelets.

The French toast is made with a rich custard batter and real French bread. Breakfast is served until 3 p.m. The most popular lunch item is the fresh, local grouper sandwich served crunchy fried, chargrilled, blackened, sautéed or broiled. Open 7 days. Call ahead seating for breakfast and lunch, and reservations accepted for dinner.

MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna has craft beers on tap. On Wine Wednesdays, every bottle priced \$25 and over will be discounted by \$8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

MUCKY DUCK

The Mucky Duck may well be the most famous restaurant on Captiva due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN “Ding” Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

PECKING ORDER

The Pecking Order, features tender, juicy, broasted fried chicken and the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating and holds in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, red mashed and gravy, fried pickles and veggie chili. Try the Black Betty, a warm, dark chocolate cupcake filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners sugar.

Take out and outdoor dining available. .

POCOLOCO

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS

Five Captiva eateries under the same ownership – RC Otter's, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts – offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at \$4.50 for items such as nachos with cheese and salsa and \$5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANDBAR

Currently serving happy hour from 4 to 5:30 p.m. every day in the lounge only, and dinner from 5 to 9 p.m. Since opening in 2013, The Sandbar has become known for its fresh seafood and choice cuts of beef and pork.

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL FISH HOUSE

Find out why Sanibel Fish House is such a great addition to the list of Sanibel restaurants. We offer a wide range of fresh seafood as well as our great alternative choices at reasonable prices.

Come and see us in our delightful tropical island setting. Open 11 to 10 daily with excellent lunch and dinner specials. Don't miss the best happy hour on the island 11 to 6 daily and all day on Saturdays and Sundays in The Lounge! The Lounge opens 11 to 10 Sunday through Thursday and until 1 a.m. on Fridays and Saturdays.

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups – lentil, Vietnamese Pho, etc. – are popular year-round, as are vegan lasagna, Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner 8.30 a.m. to 7 p.m. Monday through Saturday.

SUNDIAL BEACH RESORT & SPA

The Sea Breeze Café at Sundial Beach Resort & Spa is open 7 days a week, from 7 a.m. to 10 p.m., serving breakfast, lunch and dinner. Dine indoors or al fresco, overlooking the gulf. Choose from classic tavern fare, fresh seafood, innovative entrees, salads and sandwiches. There is a daily happy hour from 4 to 6 p.m. with drink specials and bar menu. Every Monday is Margarita Monday with \$5 margaritas from 4 to 10 p.m. and live island-style entertainment from 5:30 to 8:30 p.m.

Turtle's Pool & Beach Bar serves imported and domestic beer, wine and tropical drinks in a casual outdoor island setting just steps from the gulf. A full menu is available at the poolside dining patio from 11 a.m. to 7 p.m., including seafood, award-winning burgers and fresh salads. Happy hour is 3 to 5 p.m. every day.

Create your own custom pizza or grab a quick snack at Slice of Paradise, Sundial's newest poolside dining option, featuring slices, specialty and custom pizzas, grab and go salads, hot dogs and hand scooped ice cream, including Sundial's signature flavor, Island Delight. Open daily from 11 a.m. to 9 p.m.

All restaurants and bars are open to the public.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

From page 15B

Island Fare

ZEBRA TREATS

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes. Zebra has indoor and outdoor seating. The store recently added frozen yogurt to go, by the pint and quart.

LIVE ON THE ISLANDS

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Three Crooked Steps on Friday and Saturday; Taylor Stokes plays on Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

George & Wendy's Seafood Grille has live music Friday and Saturday from 9 p.m. to midnight. Friday is Marty Stokes Band, playing blues. Saturday is Rex Bongo Band, playing rock and blues. Saturday is Ladies Night with half-price drinks for the ladies from 9 p.m. to midnight. On Sunday, it's Buckeye Ken, playing island variety from 6 to 9 p.m. On Tuesday, it's open mic night from 8 to 11 p.m. Karaoke is Thursday from 9 p.m. to midnight.

The Jacaranda has live entertainment on Friday and Saturday with Cruzan Vibes, playing reggae and



Three Crooked Steps plays on Friday and Saturday at The Crow's Nest Beach Bar & Grille at 'Tween Waters on Captiva

dance. Sunday is Jamaica Dave & Co., playing reggae and dance. On Monday, it's Renata, playing jazz, funk and contemporary; on Tuesday, it's The New Vinyls, playing classic rock and dance; Wednesday is Barbara Dexter, playing contemporary, top 40s and dance; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Monday from 4 to 8:30 p.m. every Monday with \$5 margaritas and island style entertainment. Happy hour is daily from 5 to 7 p.m. with drink specials.

Traditions on the Beach at Island Inn has live music Friday, Saturday and Sunday with Joe McCormick and Marvilla Marzan, playing jazz, Latin, pop and R&B. On Monday, it's Dusk Duo, playing classic pop, R&B, country and jazz. Mike Arnone, "The Jersey Kid," performs selections from Motown to the Rat Pack on Tuesday. Dana Paul plays on Wednesday. On Thursday, it's Joe McCormick and Marvilla Marzan.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

Captiva Island Inn Receives Award Of Excellence

by Jeff Lysiak

It was recently announced that Captiva Island Inn has received the Award of Excellence – Guest Review Award from Booking.com, an accommodations website and app which attracts visitors from both the leisure and business sectors worldwide. The historic inn, comprised of 13 cottages and one five-bedroom, five-and-a-half bath home, is located at 11508 Andy Rosse Lane.

The annual award recognizes accommodation partners achievements over the past year, measured by overall guest review scores. Booking.com currently features more than 42 million guest reviews. In 2014, an average of 104,669 guest reviews were received each day.

"Connecting travelers of all backgrounds with the world's best places to stay is at the core of our mission," said Gillian Tans, president and chief operating officer of Booking.com. "Our Award of Excellence is presented to a select group of partners in recognition of our shared commitment and passion for getting it right for each and every guest."

To receive an award, accommodations must have an average review score of 8.0 or higher, based upon a minimum of 10 guest reviews by December 31, 2014. Captiva Island Inn's current score is 8.3, based upon 109 total reviews.

From Booking.com: "Captiva Island Inn features restored guest rooms that were inspired by the accommodations at Martha's Vineyard. Enjoy a full breakfast at either RC Otter's restaurant or the Keylime Bistro. Spend the day relaxing in a hammock in the inn's tropical grounds or head to the beach."

Captiva Island Inn is owned by Stilwell Enterprises & Restaurant Group. For more information, visit www.captivaaislandinn.com.*



Captiva Island Inn

From page 11B

NFL Rookies

Perhaps we should look back in a few years to determine the financial fate of these young men drafted last week by the 32 teams in the NFL.

Everblades Need Comeback After Losing First Two Games in East Division Finals

If the Florida Everblades hockey team is to advance in the ECHL Kelly Cup Playoffs, they will have needed a sudden spark of winning hockey.

The local team lost the first two games in the best-of-seven series to the South Carolina Stingrays last week at Germain Arena.

The series moved to the North Charleston Coliseum for games three and four Tuesday and Wednesday nights. If a fifth game is necessary, it also will be played on foreign ice.

The Everblades will have needed to win two of those three game for the series to return here for games six and seven Monday and Tuesday nights.*

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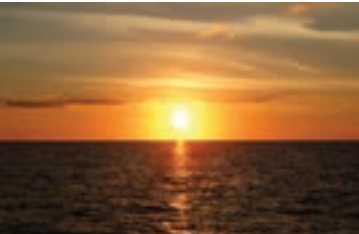
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Wine-Steamed Clams

- 2 dozen littleneck clams, rinsed well
- 2 cups white wine
- 1 small red onion, sliced
- 2 tablespoons garlic, chopped
- 2 teaspoons fresh ginger, chopped
- 1 tablespoon fresh cilantro, chopped
- 2 bay leaves
- 1 teaspoon whole black peppercorns
- ¼ cup butter
- ¼ cup lemon juice

Place all ingredients except clams in a large sauce pan. Simmer on medium heat for 3 minutes; add clams and cover. Simmer until clams open, stirring frequently. Transfer clams to a large bowl. Boil remaining liquid until reduced to 1 cup. Pour broth over clams and serve.*



Wine-Steamed Clams

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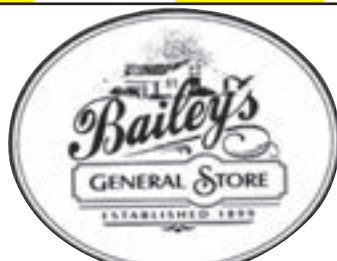


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School Smart



by Shelley M. Gregg, NCSLP

Dear Shelley, Can you help me understand Extended School Year Service (ESY)? I will be going to my first Individualized Education Program (IEP) meeting for

my child very soon and I am not clear about what this is and if my child should receive it.

Amber W., Charlotte Harbor, Florida
Amber,

ESY is confusing but the intent of ESY is clear as it serves to help those children who need year-long special education supports. For some children, in order to receive a free and appropriate education (FAPE), special education and related services are required for a longer time period than the typical school year.

Here is a brief definition of ESY: "Extended School Year (ESY) services are special education and/or related services provided beyond the usual school year, at times when school is not usually in session – typically during the summer." It is not summer school, summer remedial classes or a summer enrichment program. ESY services are individualized, based on the child's needs as documented in the IEP and are free of charge to parents.

There are eligibility criteria that a student must meet in order to receive ESY. Each state department of education develops the criteria for ESY services for schools in their state and these criteria will differ from state to state. Often state departments of education are influenced by legal decisions about Extended School Year services in state or circuit courts. These issues lead to confusion about ESY

services for children with disabilities so it is very important for you to contact your state department of education to learn your own state's ESY eligibility criteria. You need to know what the law and regulations say. Be advised too that ESY is not mentioned in the IDEA statute, but it is in the IDEA regulations.

Decisions about whether your child will receive ESY services and what services s/he will receive will be made by your child's IEP team. ESY is a team decision. Remember that you are a member of the IEP team and have a voice.

You may hear that your school uses only a regression – recoupment formula to determine ESY. Regression – recoupment refers to a decline in knowledge and skills that can result from an interruption in education (summer vacation), and that recoupment of those skills lost requires an inordinate amount of time to regain them at the same level. In other words, this formula assesses whether the achievements gained by the child during the regular school year will be significantly jeopardized if s/he is not provided an educational program during the summer months. This criterion for ESY eligibility is a primary consideration used by many IEP teams, but it cannot be the sole criteria used in making ESY decisions.

If you believe that your child meets your state's eligibility requirements for ESY and this has not been addressed on the current IEP, you should consider convening an IEP meeting to revise the IEP to make the determination and include these services as warranted.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Summer Semester Offers Classes On Art And History

The Academy of Lifelong Learning at Shell Point Retirement Community announced the start of its summer semester with two classes in May that focus on art and history. Reservations and advance payment are required by calling 489-8472.

Discover the unusual artistic style of batik with presenter Pat Smelkoff during The Batik Project: Water Lilies, which will be held on Saturday, May 9 at 9:30 a.m. in the Sabal Room at The Woodlands. Smelkoff will instruct participants in the batik method, which is a wax-resist process that uses hot wax and watercolor on Ginwashi rice paper to create unique works of art. Each guest will leave with a beautiful batik of Water Lilies in Bloom to frame. The cost to participate is \$55, and includes all supplies.

Professor Adrian Kerr will present Iran: Its History and Today in two Tuesday sessions on May 12 and May 19



Professor Adrian Kerr

at 10 a.m. in The Grand Cypress Room in The Woodlands. Kerr will trace how the leadership of Iran has become radical in recent times and has been at odds with the West. Session One will explore the

continued on page 22B

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The Springs at Shell Point offers affordable, month-to-month assisted living on a private-pay basis, with access to Shell Point’s resort-style amenities and healthcare services

Assisted Living Seminar

Shell Point Retirement Community invites senior adults and their family members to learn the facts and weigh the benefits of assisted living at a free seminar on Friday, May 15 at 10 a.m. at The Springs.

During this informational presentation, Shell Point’s assisted living expert, McKenzie Millis, will identify the top 10 signs that indicate the appropriate time for a move to assisted living. Also, learn the difference between independent living, assisted living and skilled nursing care.

“Many people wait until a medical crisis before investigating, considering or making the move to assisted living,” said Millis. “But the most difficult time to make such an important – and sometimes complicated – decision is when your

health is in question and you are feeling weak.”

Assisted living provides support with medication administration and management, meal preparation, activities of daily living and housekeeping, along with the benefits of having a physician, pharmacy and lifestyle amenities in close proximity. Making the decision to relocate early can allow you to stay independent and make the choices that are best for you or your loved one.

The Springs at Shell Point is located off of Summerlin Road and McGregor Boulevard, just two miles before the Sanibel Causeway, at 13901 Shell Point Plaza in Fort Myers. The Springs offers affordable, month-to-month assisted living care on a private-pay basis, and provides access to Shell Point’s resort-style amenities and healthcare services.

For more information or to request a brochure, call 454-2077 or visit www.shellpoint.org/assistedliving.

Sanibel Captiva Trust Company Portfolio Review And Strategy



by Ian Breusch, CFA

The beginning of 2015 has been more volatile than what we have experienced over the past several quarters. Despite the price movements, U.S. equity markets are generally trading near where they ended in 2014. Speculation about the future of energy prices and interest rates has caused much of the short-term volatility. Though we monitor broader economic data, we remain focused on the long term and the underlying fundamentals of the investments we own for our clients. Generally speaking, we view equity markets as “fairly valued,” meaning we expect the majority of our equity positions to appreciate at rates commensurate with their underlying companies’ business results, but without the added benefit of valuation expansion. We remain comfortable with our equity allocations across our client accounts.

The Federal Reserve Board has continued to hint toward increasing interest rates at some point this year, but has been very careful to avoid being pinned down to a particular date. We expect markets to be particularly volatile around each Fed meeting this year. Historically, equity markets will tend to trade lower immediately following an announcement of an increase in the Fed Funds rate. However, we encourage our clients to remember that rising interest rates are generally a very positive long-term sign for an economy. Considering we expect interest rates to rise eventually, we believe fixed-income (bond) investors will find themselves earning meager (and in some cases negative) real rates of return as rates slowly move higher. We have avoided traditional fixed-income investments and will continue to do so until interest rates and yields rise to an acceptable level. In the meantime, we are using our high-income strategy, which is our alternative to traditional fixed-income for many of our clients requiring current

income. Our strategy focuses on securities with consistent (and growing) distributions and utilizes high-quality dividend stocks, preferred stock, REITs, and – in taxable accounts – energy master limited partnerships (MLPs).

International equity market results have been stronger than in the past several quarters. Though Europe still has a long way to go to restore GDP growth and increase inflation, stocks there have generally behaved better since Europe’s own “quantitative easing” program began. From a fundamental standpoint, equity valuations remain quite attractive across the international landscape, particularly in “emerging” markets, where we continue to allocate capital for clients desiring long-term growth. Moreover, our active approach toward international investing continues to add value.

Volatility may continue through much of 2015, as the timing around interest-rate increases becomes more apparent and energy prices stabilize. However, we also believe there remains fundamental upside for markets, in general, considering that slowly rising interest rates and lower energy prices are net positives for consumers and for businesses tied to consumption.

From page 5B

Got A Problem?

another relationship.

Know that you can turn around your life and move on from a breakup. Usually, you are able to look back and realize as painful as it was, it is now a blessing.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.

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Eden Energy Medicine

Rub Neurolymphatics To Remove Toxins

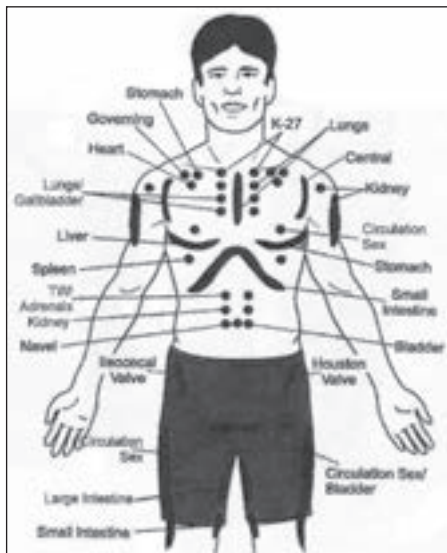


by Karen L. Semmelman, Certified EEM,
JD, AAML (03-12)

Did you know that our lymph system, which has two times as many lymph vessels as blood vessels, has no pump? Historically, vigorous physical activity released toxins

from the lymph system. However, today, with our sedentary lifestyle, there is little opportunity to move the toxins from our bodies without intervention. There are 90+ Neurolymphatic reflex points on the surface of the body, which are not always located directly over lymph nodes, vessels or lymph tissue. However, research has shown that by rubbing the reflex points (see chart), toxins will be released from the system, clearing stagnant energies (including emotional energy) and leaving you feeling energized.

If you cut yourself, clear liquid appears – this is lymph. Its role is to support the immune system by creating antibodies, producing specialized white blood cells, transporting nourishment to the cells and then eliminating and transporting waste products from the cells. If the lymph movement is compromised due to the accumulation of toxins that are not removed, then your system becomes less and less able to efficiently function to remove toxins; i.e. the system is in overload. Remembering that one of the essential principles of Energy Medicine is to move stagnate energy and make space, it makes sense to rub these points with pressure. Use as much pressure as you can tolerate to push the toxins from these points.



Neurolymphatic Points, front body

Most of the points will be sore, so be mindful of your needs and health. Go slowly when starting (especially if you have been ill), but build to the point that enables daily rubbing of these points with vigor. For more details, see page 90 of Eden Energy Medicine.

The Neurolymphatic Rub is part of the 5 Minute Routine, designed to clear stagnant energy from the body and send toxins to the body's waste disposal system.

Step 1. Rub the points shown in the figure with firm pressure, moving the skin up and down or with a circular motion

Step 2. Rub each point about five seconds. Try to get through all points over a few days.

Step 3. Tender points should be rubbed a bit extra. Tenderness may continue for some time, but eventually will dissipate as you clear congestion.

Step 4. If you have many toxins in the system, nausea may be experienced as toxins are released into the bloodstream. Although not harmful, proceed slowly the next time.

Have fun with your energy! Next week's topic is Up Against the Wall – Resolves Stress.

If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

May Is National High Blood Pressure Month

The American Heart Association is raising awareness about a "silent killer" that damages arteries, heart and other organs as part of the National High Blood Pressure Month this May.

Some 80 million U.S. adults (one in three) have been diagnosed with high blood pressure (HBP), also known as hypertension. This symptomless disease, when left untreated, can have dire health

consequences:

- Damage to heart and coronary arteries (heart attack, heart disease, congestive heart failure, aortic dissection and atherosclerosis)
- Stroke
- Kidney damage
- Memory loss
- Vision loss
- Erectile dysfunction
- Fluid in the lungs
- Angina
- Peripheral artery disease

While this "silent killer" lacks of symptoms, individuals can easily have their

continued on page 23B

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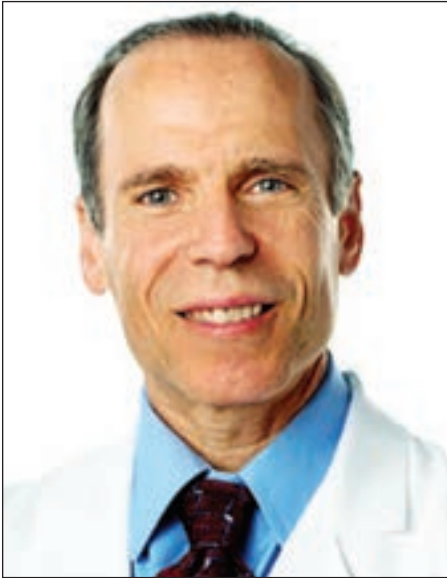
As part of the Healthy Lee initiative by Lee Memorial Health System, nationally recognized author and nutritional researcher Joel Fuhrman, MD will visit the Lee County area to present discussions on nutrition and longevity. The free talks are open to the public and will be held at the following locations on Tuesday, May 19:

- Scientific Principles of Superior Nutrition – 7:30 a.m., Lee Memorial Hospital Auditorium, 2776 Cleveland Avenue, Fort Myers. This session is open to health care professionals. CME available. To RSVP, call 424-2680.
- Healthy to 100: Anticancer and Longevity Science – 12 p.m., Heights Center, 15570 Hagie Drive, Fort Myers
- Healthy to 100: Anticancer and Longevity Science – 5:30 p.m., The Westin Cape Coral Resort at Marina Village, 5951 Silver King Boulevard, Cape Coral.

Dr. Fuhrman is a family physician, five-time *New York Times* best-selling author and nutritional researcher specializing in preventing and reversing disease through nutritional and natural methods. Dr. Fuhrman is an internationally recognized expert on nutrition and natural healing, and has appeared on *The Dr. Oz Show*, *The Today Show*, *Good Morning America*, and *Live with Kelly*.

Seating is limited and registration is required. RSVP with your desired location to Pat Knudson at 424-3232 or email Pat.Knudson@LeeMemorial.org.

HealthyLee.com offers the community information about what they can do locally and at home, events to attend, health fairs, and other ideas. It was created for the community.✧



Joel Fuhrman, MD

From page 19B

Art And History Classes

history of Iran, examining its first inhabitants, the Fertile Crescent, and other highlights of the country's development. Session Two will delve into modern times, examining conflicts with rival civilizations, the 1979 Revolution, Islamic Conquest, and many more milestones that affect current affairs. Tickets for each session cost \$10.

The Academy of Lifelong Learning at Shell Point is an educational initiative that provides approximately 80 classes each semester, and encompasses a well-rounded curriculum of instructive opportunities for senior adults. The Academy was named as one of 2008's most innovative active aging programs by the International Council on Active Aging (ICAA), an association that supports professionals who develop wellness and fitness facilities and services for age 50-plus adults.

To learn more, visit www.shellpoint.org or call 1-800-780-1131.✧

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I think younger people are so mean to those who are over the hill. They have more education and know more about what is in books, but I am not stupid and some of them don't even know how to hang up their own clothes.

I don't know computers and the new things like that but I can add up

numbers and do subtraction and they all have their little machines that do all of the work.

Can you tell me what to do and say to shut them up?

Freda

Dear Freda,

I have heard many very successful people complain that their adult children belittle their accomplishments in spite of their rising to the top of their professions.

If young people intimidate you, just ignore their company and concentrate on people in your own age group.

Many people, young and old, seem to enjoy making others miserable but I think it is all part of human nature.

Lizzie

Dear Freda,

Instead of taking the time focusing on what to say to them to "shut them up," take the extra time to learn about computers and new technologies. As we age, we still learn, it just takes a little longer.

Remember, some younger folks may be mean, impatient or arrogant. If you get upset with them, it does not change them, it just ruins your day, and one day those younger folks will be older as well.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✧

Doctor and Dietitian

A Plan of Action To Promote Longer Living



by Ross Hauser, MD
and Marion Hauser, MS, RD

Scientific studies suggest that about 25 percent of our lifespan is dictated by our genes and the other 75 percent by our lifestyles choices. The inhabitants of the Blue Zones, areas where people live measurably longer lives, share common lifestyle characteristics. According to the Blue Zone Project researchers, these characteristics can extend one's life by a decade.

What's a reasonable action plan to incorporate a Blue Zone lifestyle?

Family first – Centurions make family priority. Families are core, built around spouse and children, often with up to five generations in the same household. Eat at least one meal daily with family. This time is sacred. Don't just eat... talk!

Constant moderate physical activity- Create an environment that keeps you

moving. Walk, bike, garden and work outside.

More plants, less meat – Garden vegetables, whole grains and specifically beans (legumes) are the cornerstones of Blue Zone diets. Eat four to six servings of vegetables daily. Eat less, and stop eating before you're full.

Social engagement – People of all ages are socially integrated and active. Create time each day to be with friends and family. Choose friends who practice healthy lifestyles.

Purpose – Centurions have a strong sense of purpose of why they get up each day. Craft a personal mission statement and have someone you confide in help you fulfill it.

Faith – Blue Zone communities are strong religious communities, fostering larger social networks with emphasis on positive, healthy behaviors. Participate in a spiritual community.

Rest – Centenarians have routines that reduce disease causing stress. Take naps mid-day. Reduce the electronic noise. Turn the TV off.

When we make family a priority, eat right, appreciate friends, worship God, exercise, create a purposeful life and rest... our bodies are able to heal, repair and refresh. To read more about the Blue Zones, check out the book by Dan Buettner.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Laser Therapy Certification



Dr Brian Healy

Dr. Brian Healy, AP, DOM of Sanibel Wellness Inc. has successfully completed a nationally accredited training program in Laser Therapy. Also known as photobiomodulation, laser therapy uses focused doses of light energy to improve the functioning of cells by "charging" them with photons. Specific wavelengths of light are chosen, depending on the type of tissue and the condition being treated and the effect desired.

Low level laser therapy (LLLT) uses low power lasers (cold lasers) to speed

tissue regeneration, reduce inflammation and relieve pain. It has been used in Europe and Asia since the 1950s and studies have shown it to be an effective treatment for arthritis, tendonitis, carpal tunnel syndrome, fibromyalgia, back pain and many more conditions. LLLT is especially helpful for treating wounds and skin disorders.

For more information or to schedule an appointment with Dr. Healy, call Sanibel Wellness at 437-9355.✱

From page 21B

High Blood Pressure Month

blood pressure checked regularly at pharmacies and doctors offices. Blood pressure is considered high when it reaches 140/90 mm Hg (140 systolic or above OR 90 diastolic or above). The health consequences of hypertension are magnified when other risk factors are also present, such as age, gender (male), smoking, high cholesterol, diabetes and inactivity.

At age 50, total life expectancy is roughly five years longer for people with normal blood pressure than for hypertensive people – individuals can assess their HBP risks using the American Heart Association's HBP Health Risk Calculator (available in English and Spanish) by searching online at www.heart.org.

For more information on National High Blood Pressure Month, call 495-4900 or visit www.Heart.org for additional resources.✱



Front, from left, Steve Brown, Carole Fallon, Dave Essig, Art Cassell, Sandy Teger, Anita Moyle and George Campean. Back row, from left, Barbara Martin, Amy Morgan, Barbara Chappell, Lex Raulston, Steve Greenstein, Carl Meier and Ralph Clark

Organizers Stepping Up For Heart Walk

The goal-oriented members of the 2015 Heart Walk organizing committee want more: more sponsors, more walkers, more survivor stories and more lives saved. They are already making it happen. Ten new members joined in the April 22 organizing meeting and more have signed on.

They have ambitious objectives, including a greater focus on the prevalence of congenital heart disease. Many people are unaware that heart defects are the most common birth defects. Almost one in 100 babies are born with some kind of heart defect, including holes in the heart and misplaced, malformed, and/or missing valves, vessels, and heart chambers.

Although many congenital heart defects are discovered during infancy or childhood, some go undiscovered for many years. They are sometimes the cause of sudden death of an apparently healthy teenage athlete.

Sanibel and Captiva residents are fortunate to have excellent cardiologists and HealthPark nearby. The hospital has a specialist in congenital heart disease and is planning an expanded cardiothoracic surgery and recovery unit.

The 2016 Sanibel/Captiva Heart & Stroke Walk will take place on January 31 across from Bailey's Center and Lily & Co. Jewelers. With your support, the walk will exceed the previous two events and bring needed attention to the leading cause of death in the United States. For more information or to join the committee, contact Kelly Goodwien of the American Heart Association at 495-4901 or email kelly.goodwien@heart.org.✱

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My Stars★★★★★

FOR WEEK OF MAY 11, 2015

ARIES (March 21 to April 19) A seemingly stalled romantic situation could benefit from your reassurance that you want this relationship to work. And if you do, use a tad more of that irresistible Aries charm.

TAURUS (April 20 to May 20) Going to new places and meeting new people appeals to both the Taurean’s romantic and practical sides. After all, you never can tell where those new contacts can take you. Right?

GEMINI (May 21 to June 20) That career-change opportunity that didn’t work out when you first considered it could come up again. But this time, remember that you have more to offer and should act accordingly.

CANCER (June 21 to July 22) There could be some tensions in relationships -- domestic or workaday. But a calm approach that doesn’t raise the anger levels and a frank discussion soon will resolve the problem.

LEO (July 23 to August 22) It’s a good idea to begin preparing for that career change you’ve been thinking about for a while. Start to sharpen your skills and expand your background to be ready when it calls.

VIRGO (August 23 to September 22) Bless that Virgo skepticism that has kept you from falling into traps others seem to rush into. But you might want to give a new possibility the benefit of the doubt, at least on a trial basis.

LIBRA (September 23 to October 22) Travel and career are strong in your aspect. Perhaps your job will take you to someplace exotic. Or you might be setting up meetings with potential clients or employers. Whatever it is, good luck.

SCORPIO (October 23 to November 21) Someone might use deception to try to push you into making a decision you’re not fully comfortable with. But those keen Scorpio senses should keep you alert to any such attempt.

SAGITTARIUS (November 22 to December 21) Romance dominates this week when Cupid spears the Archer, for a change. Positive things also are happening in the workplace. Expect important news to arrive by the week’s end.

CAPRICORN (December 22 to January 19) Anyone trying to bully the Sea Goat -- whether it involves a personal or a professional matter -- will learn a painful lesson. Others also will benefit from the Goat’s strong example.

AQUARIUS (January 20 to February 18) Congratulations. With things going the way they are, you should be able to spare some time and take a break from your hectic schedule for some well-earned fun and games.

PISCES (February 19 to March 21) Your sharp Piscean intuition should be able to uncover the true agendas of those who might be trying to catch the Fish in one of their schemes.

BORN THIS WEEK: Your flair for innovative art and design keeps you at least a step ahead of most everyone else.

THIS WEEK IN HISTORY

* On May 13, 1607, some 100 English colonists arrive in Virginia to found Jamestown, the first permanent English settlement in North America. The first colonial council was held by seven settlers whose names had been chosen and placed in a sealed box by King James I.

* On May 14, 1904, the Third Olympiad of the modern era opens in St. Louis, Missouri. Like the Second Olympiad, held in Paris in 1900, the St. Louis Games were poorly organized. There were few entrants

other than Americans in the various events, and, expectedly, U.S. athletes won a majority of the competitions.

* On May 16, 1849, the New York City Board of Health is finally able to establish a hospital to deal with a cholera epidemic that would kill more than 5,000 people. The disease took hold on Dec. 1, 1848, when a ship arrived from France carrying the bodies of seven passengers who had died from cholera.

* On May 15, 1937, Madeleine Albright, America’s first female secretary of state, is born in Prague, Czechoslovakia (now the Czech Republic). After immigrating to the United States in 1948, her father, Josef Korbel, became dean at the University of Denver, where he would later train another female secretary of state, Condoleezza Rice.

* On May 12, 1957, race-car driver A.J. Foyt scores his first professional victory, in a U.S. Automobile Club midget car race in Kansas City, Missouri. Foyt raced midgets and stock cars before moving up to bigger things in 1958, when he entered his first Indianapolis 500 race.

* On May 17, 1970, Norwegian ethnologist Thor Heyerdahl and a multinational crew set out from Morocco across the Atlantic Ocean in Ra II, a papyrus sailing craft modeled after ancient Egyptian sailing vessels. The Ra II crossed the 4,000 miles of ocean to Barbados in 57 days.

* On May 11, 1985, 50 people die in a fire in the grandstand at a soccer stadium in Bradford, England. The wooden roof, which burned in just four minutes, was scheduled to be replaced by a steel roof later that same week.

STRANGE BUT TRUE

* It was noted 20th-century British playwright Tom Stoppard who made the

following sage observation: “It is better to be quotable than to be honest.”

* You’ve probably seen ventriloquists perform, but you may not realize that it’s a skill not limited to humans. The crested bellbird, which can be found in the wetlands of Australia and Venezuela, throws its voice in order to misdirect predators.

* Bibliophiles beware: Using a public library can carry hidden risks, as a 20-year-old woman in Wisconsin discovered when she checked out “White Oleander” and “Angels and Demons.” Heidi Dalibor never returned the books, and she didn’t respond to letters or phone calls requesting that she return the books and pay the overdue fine. Eventually, Dalibor was arrested by local police, who handcuffed and fingerprinted her, and she wasn’t released until her bail was paid.

* We’ve all heard the childhood tale of George Washington chopping down a cherry tree, then ‘fessing up because he could not tell a lie. Most history books don’t mention other aspects of his childhood, though; for instance, did you know that our first president, when he was 10 years old, was a champion wrestler and long jumper?

* If you were a member of the middle class in Victorian England, you might have spent an enjoyable afternoon with friends on a boat, searching for bizarre sea creatures. This popular pastime was known as “monster spotting.”

* Those who study such things say that the smallest vertebrate in the world is a type of carp: The Paedocypris progenetica grows to be less than half an inch long.

THOUGHT FOR THE DAY

“A husband is what is left of the lover after the nerve has been extracted.” -- Helen Rowland

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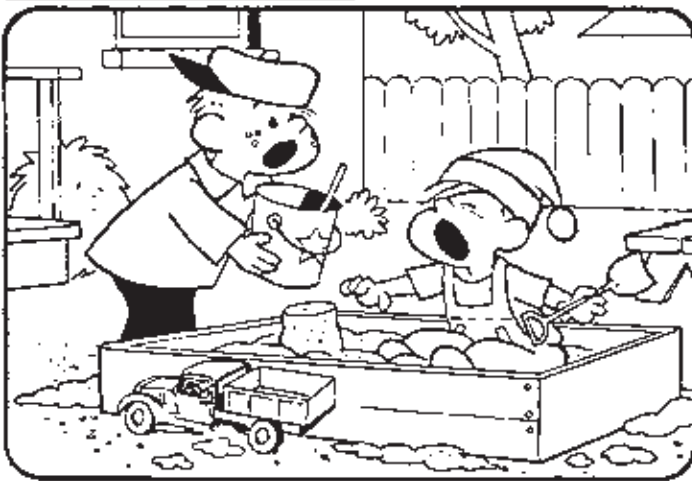
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answer on page 27B

3					2		5	
	6			5				8
		8	4			1		
		6		1				9
5			3			6		
	1				4		7	
		4			8	2		
	2		9					1
7				6			3	

SUDOKU**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Rookery Lake	Bonita Springs	2003	8,198	\$3,775,000	\$3,550,000	92
Baywoods	Bonita Springs	2004	5,337	\$3,150,000	\$2,800,000	40
Sunset Captiva	Captiva	1981	1,680	\$2,395,000	\$2,175,000	357
Tichenors FH Silver King	Captiva	1979	2,726	\$2,375,000	\$2,025,000	1
Gulf Island Manor	Fort Myers Beach	1957	1,845	\$1,929,000	\$1,850,000	321
Orchid Ridge	Bonita Springs	2003	4,411	\$1,799,000	\$1,600,000	14
Verona Lago	Miromar Lakes	2004	3,383	\$1,599,000	\$1,550,000	33
Glenview	Fort Myers Beach	1964	2,215	\$1,449,000	\$1,375,000	66
Edgewater	Fort Myers	1995	3,468	\$1,300,000	\$1,300,000	0
Sweet Bay At Shadow Wood	Bonita Springs	2003	3,096	\$1,249,000	\$1,160,000	11

Courtesy of Royal Shell Real Estate

NOW HERE'S A TIP

- J.C. in Florida writes: "The one thing I might add [to your tips about preparing deviled eggs] is to make sure the eggs are point down during storage. That will keep the yolks centered and make stuffing easier." Great point! A little vinegar in the boiling water will help to keep egg in the shell if it cracks.

- "I love to put photos of family on the fridge. But I found that the photos were getting ruined from grease and moisture in the air. To get around that -- and to really preserve them -- I cleaned and laminated them. Afterward, I hot-glued little magnets to the backs, and now I can move them around to accommodate new photos. There are so many, and it gives me pleasure to look at them." -- C.R. in Oklahoma
- This is a classic money-saving tip as well as safety advice: Lower your water-heater temperature from 140 F to 120 F. You'll save money on heating water, and reduce the risk of a painful burn from scalding.
- "Add a cinnamon stick or softener sheet to your vacuum bag when you change it. While you clean, you'll distribute the good smell throughout your home." -- F.H. in Colorado
- Got a squeak in your hardwood floors? Dust a sprinkling of baby powder at the source of the squeak, and then use a brush to get it in the cracks. The powder will help to lubricate the boards and remove the squeak.
- If you need to clean stained plastic storage or takeout containers that you'll use again, do it with baking soda. Get the container wet, and then use a liberal amount of baking soda as a scrub. It's abrasive but gentle -- and super safe.

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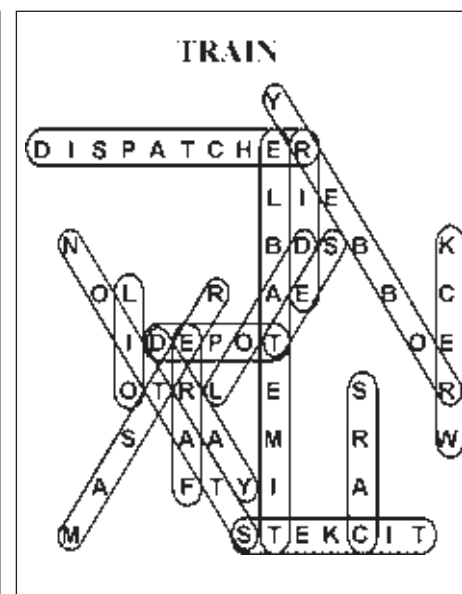
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KING CROSSWORD

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*NS 5/8 CC 5/8

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2bd/2b plus den, east end of Sanibel on canal, with pool.
\$1,900 per month plus utilities
No smoking/prefer no pets
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*NS 5/1 CC 5/8

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CANAL FRONT CONDO
2Br, 1BA over looking canal.
Tennis Courts & Lg Pool. No Pets.
Avail June 15 for \$1,500. 239-472-6390
*NS 5/8 CC 5/8

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED
Island resident seeks a 2-3 bedroom home or condo for minimum one-year rental or for purchase directly from owner.
Please, no brokers, realtors or agents.
239-395-2956.
*NS 4/24 CC 5/15

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED
Recent island resident/community member/ many years BIG ARTS employee seeks low cost unfurnished annual rental for self and small cat. Help us come home?
Wendy 239-823-2399.
*NS 2/13 NC TFN

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED
Annual rental wanted Island family 2 adults 1 eleven year old boy. We have lived on the island for almost 4 years. Sons attends Sanibel school. We would love to have a 3 year rental. Have excellent references.
Please call
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650-201-2626
Frank
*NS 3/27 CC TFN

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★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

OFFICE HELP

Captiva Cruises seeks motivated individuals to help with phone reservations, cruise ticketing, gift shop sales and general office help. Seeking Full-Time, Part Time and Summer Help. Call 239-472-5300

*NS 5/8 CC 5/29

HELP WANTED

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Assistant needed.
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*NS 5/8 CC TFN

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*NS 3/13 CC TFN

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Some weekend work required. Hotel or Hospitality experience preferred. Computer and Customer Service skills a must. resumes to doug@watersideinn.net

*NS 5/8 CC 5/15

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for nursery and preschool kids at Sanibel Community Church
30 hrs/week including Sun. and Wed. Apply to Kathy@sanibelchurch.com

*NS 5/8 CC 5/15

DEVELOPMENT DIRECTOR

The Clinic for the Rehabilitation of Wildlife, Inc. (CROW) is seeking an experienced Development Director with 3 to 5 years experience in non-profit fundraising. Candidates should have a proven track record in managing memberships, grant writing, event planning, donor cultivation, direct mail, and planned giving. Working knowledge of Donor Perfect a plus. Requirements a Bachelors degree, excellent communication skills, strong writing and presentation skills, ability to work collaboratively, comfort interacting with major donors, ability to multi-task and meet deadlines.

E-mail cover letter, resume and salary requirements to lestep@crowclinic.org or mail to Dr. Linda Estep. Executive Director, CROW, P.O. Box 150, Sanibel, FL 33957.

*NS 5/8 CC 5/29

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*NS 5/8 CC 5/15

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*NS 5/8 CC 5/15

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Many Patterns
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*NS 5/1 CC 5/8

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*NS 4/3 CC TFN

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*RS 3/6 CC 5/29



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SATURDAY MAY 9TH 8:00 AM
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Everything better than good condition... blue sofa/white ticking, dining room set w/ upholstered seating (blue), beautiful small tiffany chandelier,plantation shutter lamps, art work, and More..

ALL MUST GO.

PLEASE.. No early birds

*NS 5/8 CC 5/8

DOWNSIZING MOVING SALE

Power and hand tools, power washer, boating equipment, garden tools, household items, decorative pots. Queen bed, 1950-60 era rattan chairs, Brown Jordan outdoor furniture, and much more. Saturday, May 9: 10am - 12pm 395-2767

*NS 5/8 CC 5/8

BOATS - CANOES - KAYAKS

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Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

*NS 11/1 NC TFN

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*NS 4/17 CC 5/1

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*RS 3/13 CC TFN

CASHIERS/BAGGERS

Jerry's Foods is looking for Cashiers/Baggers night time hours 3 to 10 Sunday through Saturday 29 hrs a week. We are also looking for Servers in the Restaurant various hours 7 days a week.

If interested contact Tami or Mark (239) 472-9300.

*NS 2/6 CC TFN

TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com CLICK ON PLACE CLASSIFIED

Pets Of The Week

I'm Argos, a pretty special little dog. Besides being cute and personable, I am a Lee County Cell Dog graduate. That means I was trained through a special program offered through the Sheriff's Department. I got to live with the inmates who took care of me 24/7. Dog trainers and inmates worked with me to learn lots of basic skills so I'm pretty smart and ready to show you what I got! Come see me and the other Cell Dog graduates who are available for adoption. My adoption fee is \$75

They call me Leesa and I am very exotic looking with my gorgeous gold eyes and soft-as-silk fur. The reason you will want to adopt me though is my personality. I'm so lovable and affectionate, I melt right into a puddle whenever someone pets me. My adoption fee is \$25 (regularly \$50) during Animal Services' Recycled Pets Are the Best adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✧



Argos ID# 611201



Leesa ID# 618748

PAWS Of Sanibel

Coco

I come from Cincinnati. My first Dad was a fireman who died in the line of duty. It made me very sad when I lost him. He was very special. I was taken to the Cincinnati SPCA and put up for adoption. I was picked by a couple with a retired fireman in their family. They have a dog and a two-year-old child. A couple months later, my new family moved here from Cincinnati. I like it here, it never gets real cold. I love my new Mom and Dad, but the dog scares me and the child, now 3 years old, gives me a pretty hard time. I don't think he means to, he's just a baby. My Mom thinks I would be safer and happier in another home. I will miss her, but it would be nice not to hide under the bed all the time.

As you can see, I'm all black except for one white spot on my chest. I am 5 years old, I'm front declawed and have a microchip. I love to sit on laps when I'm not afraid of being chased or hurt. I like sinks, tubs and to sit in between the shower curtains when my Mom or Dad takes a shower. My Mom and Dad love me very much, and like all parents, they want the best for me. Their wish for me is to be unafraid in my environment, content and happy.

I loved my first Dad, the fireman. Maybe there is another fireman or someone else out there to love me and make me feel safe. Contact PAWS volunteer, Krystle at 283-1124 if you can give me a peaceful, forever home.✧



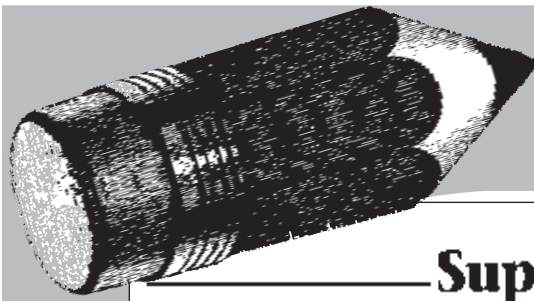
Coco

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Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Community Housing and Resources	472-1189
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
Sanibel Bike Club	sanibelbicycleclub.org
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Tom Rothman	395-3248
Master Gardeners of the Islands	472-6940
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



BEACH CHAIR PASTIME

answers on page 27B

Super Crossword

**JOB
SCREENING**

ACROSS

- 1 Perceive
8 Wavering
16 Dies down
20 One of the Great Lakes
21 CD from Eminem or Jay Z, say
22 Marshland
23 Start of a riddle
25 Teal, e.g.
26 Mine of films
27 First-century emperor
28 Suffocant in dialect
29 After-bath sprinkle
30 Zest
32 Riddle, part 2
38 Majestic
40 Inane
41 High bill compound
42 Sticky, viscous stuff
45 Previously chilled
46 "— have to wall"
49 ESPN's Hershey's
50 Riddle, part 3
55 They often elicit groans
56 "Suffice it —"

- 57 Chinese zoo mammals
58 "Thou — lady" King Lear
59 Hotel's kid
60 Young dog
61 Sews an edge around
65 Riddle, part 4
73 Lure of "American Pie"
74 Grano a bit
75 "— Man Answers" (1962 film)
76 Jazzy Andie
77 Irritated reply to "Are you awake?"
81 Devours, with "down"
83 Accept
84 Riddle, part 5
90 Gulf nation
91 Good diving score
92 Genetic letters
93 Flanders river
94 Ovum, e.g.
96 "There it is!"
98 Soups
102 End of the riddle
108 Al who drew Lil Acher

- 109 Old Italian coins
110 Tie down, as a ship
111 Shok, e.g.
113 Actress Carrere
114 Mark Twain's Huck
115 Riddle's answer
120 Poker cost
121 Ethereal quality
122 Relate (to)
123 Prayer opener
124 Northern parts of New York and New Jersey
125 Numbers used in sums

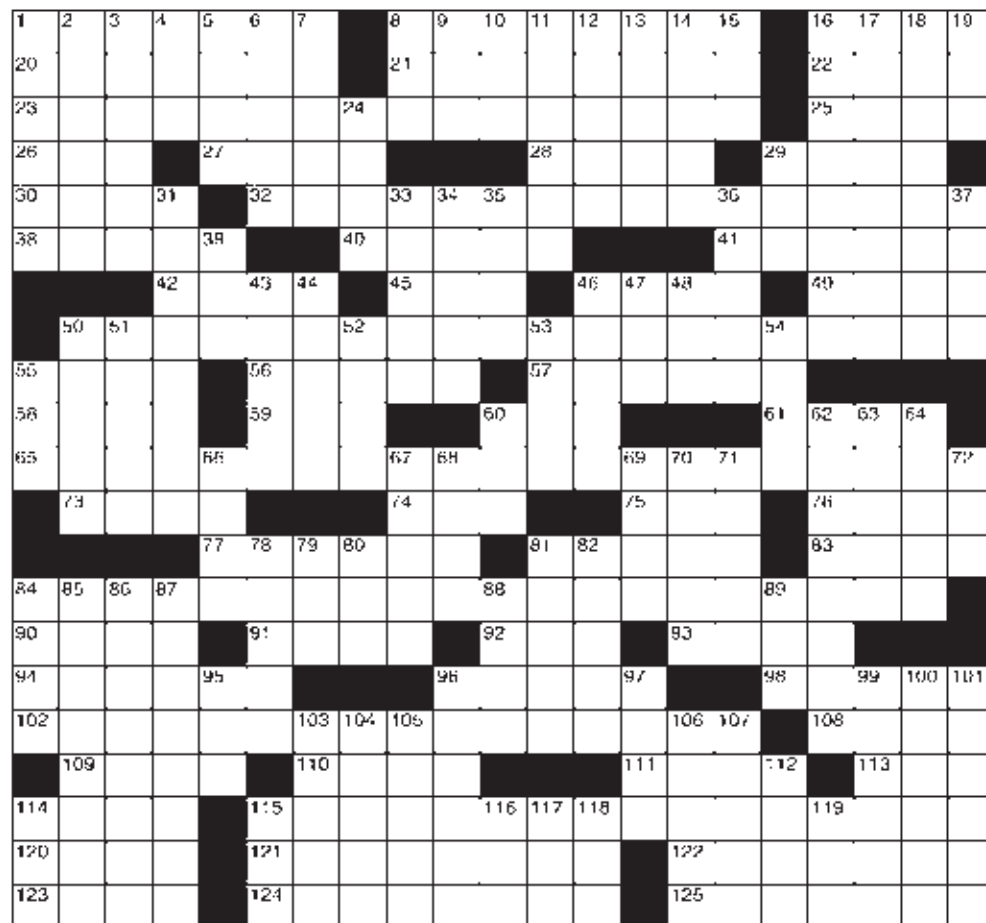
DOWN

- 1 Diving rod
2 Get some air
3 German military camp
4 Jaguar, e.g.
5 "— Brockovich"
6 Gone up
7 Dame
8 Suffix with script
9 Round bread of India
10 Hot tub

- 11 In a docile way
12 1985 Kate Nelligan film
13 In re
14 "Da'as" actor Patrick
15 Singer Sumac
16 Begin, as a journey
17 — ball (pool hall item)
18 "Fists of Fury" star
19 Get sight of
24 "— the weather?"
29 Phone no.
31 Port of Japan
33 Actress Lisa
34 Poem of lamentation
35 "Hick" actor Baldwin
36 Hayek of Hollywood
37 Window ledge
39 Parking
43 — left field
44 Tire
45 Repeated statement in Windows ads
47 Plating metal
48 Kind of PC monitor

- 50 Rage
51 — nous
52 "There — I'm team"
53 Musical piece
54 Racket-raising Arthur
55 Rover's foot
60 Fruit discard
62 Arcane
63 Annoyed with
64 Bca for one
66 "Right, bro"
67 O'as of Pie people
68 Baker's bike, colloquially
69 Largest city on Hawaii
70 "Get back!"
71 Abrades
72 Coloring substance
78 Dance great de Mite
79 Ovid's 1.051
80 Distant Ana's
81 Took the prize
82 Florida city
84 Breathe loudly
85 Bringing up the rear
86 Collides with
87 Not deserved

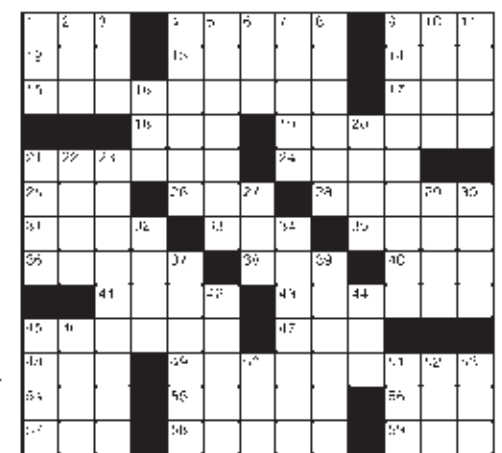
- 88 Tramped (on)
89 "Ho day" actor Ayres
95 Mao -tung
96 Romeo and Juliet's town
97 "It's state of affairs"
99 Lane of Broadway
100 Narcotic
101 Generates
103 Beatnik's "Got it!"
104 People on the move
105 Like a well-pitched inning
106 "Sing, Sing, Sing" drummer Gene
107 Totally killed
112 Longtime West Virginia senator Robert
114 Schwarz
115 Sorority letter
116 Humid
117 Suffix with colour
118 Ar-tee link
119 Honored Fr. woman



King Crossword

ACROSS

- 1 Binge
4 Founded (on)
9 Stir-fry need
12 Eggs
13 Scent
14 Rage
15 Quasi-modern's workplace
17 Shelter, at sea
18 Flightless bird
19 Keweenaw
21 They give one pause
24 Faucet problem
25 "The — Daba
Horreymoon"
26 Sesta
28 Skier's hill
31 Protein-rich beans
33 Felon's flight
35 Move back and forth
36 Lifts to test the weight
38 Thanksgiving veggie
40 Adam's mate
41 Meadows
43 Went sightseeing
45 Ink stain, e.g.



- 47 "— Impossible"
48 Depressed
49 Bath
51 Alternative
54 Candle court
55 Obliterate
56 Hockey surface
57 That woman
58 Parking lot device
59 Dilly
60 alter ego
61 Stirring
62 Boat's mate
63 Make corrections
64 "— go first!"
65 Energetic determination
66 Sandwich cookie
67 Acute
68 Moon vehicle
69 Has a bug
70 Moolah
72 Reed
73 How pilgrims progressed?
74 Remuneration
75 Macadamize
76 Watched
77 Undo a delete
78 "The Piano Lesson" painter
79 Tribal chief
80 Mom
81 Coastline
82 Gish's entomologist group
83 Medicine
84 Theater box
85 Tilt for —
86 Peruke
87 Environmentally friendly
88 Stop signal

DOWN

- 1 Task
2 St. crosser
3 Guy's companion
4 Bruce Wayne's

MAGIC MAZE • TRAIN —

Z B X U Q M J F B Y U O K H
D A X U Q N K H Y E B Y V S P
D I S P A T C H E R M J H E B
Y V T Q O L I G L I E D B Y W
T N R P M K I F B D S B D B K
Y W O L U S R Q A E K O B M C
K I F I D E P O T D C B Z O E
X W U O T R I S E Q A S O N R
L J H S F A A D M C R R A Y W
W V A T S F T Y I Q T A P N L
K M I H F E C S T E K C I T B

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Cars	Load	Robbery	Timetable
Depot	Master	Set	Wreck
Dispatcher	Oil	Station	Yard
Fare	Ride	Tickets	



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